

Region One Board Minutes

March 17, 2024

2:00 PM pacific

VIA Zoom

Board Members:

- *Present:* Beverly M. (Trustee Liaison), Lisa S. (Secretary), Diane D. (Technology Coordinator), Lori B. (1st Member-at-Large), Robin E. (2nd Member-at-Large)
- *Absent:* Alice W. (Chair), Judy B. (Treasurer)

Others Present

- *Candidate:* Martha R. (2nd Vice-Chair)
- *Guest:* Carrie A

Beverly M. Chaired the meeting.

The meeting opened with the Serenity Prayer.

Lisa read the Region One Mission Statement and Primary Purpose.

Diane read today's reading from For Today.

Additions to the Agenda: No additions to the agenda.

2nd Vice Chair Interview:

- Martha R. spoke for 3 minutes and answered questions.
- The Board voted unanimously to appoint Martha R. as 2nd Vice-Chair.

Approval of February Board Meeting Minutes:

- Minutes were adopted as submitted.

Ratify email vote to approve the Heart of Canada Intergroup to join Region 1.

- The Board voted to ratify email vote to approve.
- Heart of Canada Intergroup will join Region 1 at the end of June.
 - The Board will redistribute Intergroup Liaison assignments at that time.
 - The Region 1 logo and website map will need to be changed to include the Heart of Canada and Manitoba.
 - The Board will ask BFDS to send Heart of Canada information and application to apply for Assembly Representative Support in June.
- There was discussion about ways to welcome this Intergroup to Region 1.

Board Outreach Calendar

- Next Intergroup Chairs check-in is [March 24th @ 3:00 pm Pacific](#).
- Alice will facilitate.
- Upcoming Board Blog submissions:
 - [March 18th](#): [Guest](#)
 - [April 1st](#): [Martha](#)
 - [April 15th](#): [Lisa](#)

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- Request for Board Visits
 - Vancouver Island on April 27th.
 - Diane and Lisa will lead a one day, in person event on Recovery from Relapse
 - Anchorage
 - Alice will follow up with the Intergroup Chair to confirm the dates.
 - Northern Lights on June 22nd.
 - Lori and Robin will lead a virtual event – Fellowship in the Virtual World.
 - Lake Country Intergroup
 - Lake Country has made an informal request. The Intergroup has not submitted an application.
 - Diane will follow up with Lake Country Intergroup.

Financia Update

- January Financial Report
 - There was a discussion regarding charges on the PIPO line \$487.56 when PIPO has not spent any money this year. These expenses were for projects in 2023, but the charges did not appear on the statements until 2024. This will result in an overage in 2024 and the 2024 Financial Report will include a notation with the explanation. The overage will be \$127.58. The remaining \$359.98 was used to pay for the Facebook Ad requested by the Southern Oregon/Northern California Intergroup and the Intergroup will reimburse Region One for this charge. The reimbursement will be credited to the PIPO line item when it is received.
 - A question was raised about the negative income of -\$480.67 in the income line for Intergroup Contributions. This question will be addressed when Judy is available.
- Vote on Excess Funds Distribution
 - The Board reviewed the updated proposed Excess Funds Distribution.

Excess funds 12/31/23	\$ 38,019.69			
Excess Funds Distribution - Policy Amended October 2021-5.2.5		2024 Allocated	Current 2024	Budget 2024
		Percentage	Budget	W/Allocation
Board Special Projects (up to 30%)	\$ 7,603.94	20%	\$ 1,000.00	\$ 8,603.94
Member Outreach (up to 30%)	\$ 9,504.92	25%	\$ 1,000.00	\$ 10,504.92
Assembly Representatives (up to 15%)	\$ 5,702.95	15%	\$ 4,000.00	\$ 9,702.95
WSBC 2023/2024 Delegate (up to 15%)	\$ 2,661.38	7%	\$ 1,050.00	\$ 3,711.38
PIPO Project team (up to 10%)	\$ 3,801.97	10%	\$ 1,000.00	\$ 4,801.97
Other Project Teams (up to 10%)	\$ -	0%	\$ 2,100.00	\$ 2,100.00
WSO (remainder at least 10%)	\$ 8,744.53	23%	\$ 3,000.00	\$ 11,744.53
	\$ 38,019.69	100%	\$ 13,150.00	\$ 51,169.69

- The percentages have been updated to match the changes to Policy 5.2.5 as approved at Assembly.
- The Board voted to approve the proposed 2024 Excess Funds Distribution.

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Board Inventory

- Meeting scheduled for March 24th @12:30 pm Pacific.
- Diane will send out a zoom link via email.

WSBC Update

- Delegate registration deadline March 27th.
- Region 1 Delegates pre-conference meeting on April 14th @ 3:00 pm Pacific
 - Diane will present a JotForm App that replicates the Binder.
- Ways and Means Projects
 - Tools Card
 - Carrie presented a proposed Tools Card to sell at WSBC.
 - The Board voted to approve the project.
 - Record of Recovery Journal
 - Beverly will provide information on this project later.

2024 Convention

- Hotel
 - The bid from the Bellingham Holiday Inn is cost prohibitive.
 - There was a discussion about looking into a different Bellingham hotel that was more affordable or returning to the DoubleTree Suites in Seattle (Tukwila).
 - Alice will follow up on different Bellingham Hotel options and with the DoubleTree Suites in Seattle.

BFDS Funding Request Document Review

- Board members will send feedback to BFDS for the team to review and send the revisions to the Board.
- **IG Liaison Support for Vacant Board Positions**
 - that are assigned to the 1st Vice-Chair will be supported to Board members as follows:
 - Big Sky: Martha
 - Bitterroot: Lisa
 - Greater Seattle: Diane
 - Southeast Alaska: Robin

The next Board Meeting is scheduled Sunday, April 21st @ 2:00 pm Pacific via Zoom

Submitted By: Lisa S. Region One Secretary