

Region One Board Telephone Conference
Oct 4 2009

In attendance: Debbie Gibbs, Chair,
Holly Barlow, Treasurer ,
Bob Privett, Region One Trustee,
Cynthia Washington, Secretary (temporary)

Debbie began with Serenity Prayer
Holly read the 12 Steps and 12 Traditions.

Report on feelings and current progress.

Bob: Youth In OA – I have revised the web site and I am looking at changing one of the pamphlets, believing that OA has something that we can offer the youth. Meetings don't seem to last because the adult moderators need to have a backup. I had a lot of catch up to do at the August board meeting and I just discovered that we are doing a 90 minute presentation at the Region One board meeting. Generally things are going ok. I feel really like Youth in OA is an important service.

Holly: I have been incommunicado due to an arm injury which made it impossible to type email. I was waiting until the end of the month to do my reports. I've been feeling lethargic and unable to work. I will have my reports ready at assembly, but won't have them ready for the binder. I passed them out during the last assembly. I'm making deposits and paying bills. I'm trying to deal with the extra pounds the medication puts on my body and frustrated over that because I'm not overeating. My kids moved out permanently and now I have the empty nest feeling.

Debbie: My legs are getting stronger and my body is shifting weight and I am feeling a little nervous about the drum class. I'm busy with assembly prep and it is coming together and feel grateful that people are helping. I'm frustrated that intergroups aren't getting the information to me, so it is teaching me to be flexible. I'm counting down the days to Assembly. The binder is pretty much done.

Debbie: are there any additions to the agenda?

Holly: I'd like to have an in-person discussion about the accommodations. I've got some PO Box items, a mailing from WSO and need to know if any of that is on my plate.

Debbie: Are there any questions about Assembly organizing?

Bob: Is there a time when I address the assembly?

Debbie: Yes, You give a trustee report and then another when you go up for nominations. The Trustee report is approximately 5 minutes long. The technical details go into a written report in the binder. People can read that. When we give our reports, we can *celebrate* our service work and talk about how service has helped us and the region. You give a 3-minute presentation on Friday morning after break.

Bob: You said that you were going to use my prior application?

Debbie: I don't have an application so you can use the one from World Service Assembly. Would you email it to me so I can put it in the binder?

Bob: Yes, I can get one to you. What's the binder deadline?

Debbie: Tomorrow? I need the binder to Katya to get printed.

Holly: I can accept the file and burn it to the CD. I can put it in the mail and it would get to her the next day.

Debbie: I will send it to Holly. She's getting the PDF file. I'll have it to you by Wednesday.

The latest I'll get it to you is Friday. That will give Katya a week to do the binders. I've got to get the reports to Lori.

Group suggested that Holly review it to be sure it is not corrupted. She agreed.

Debbie: Any other questions?

Holly: I will need the secretary laptop, and the computer projector too. If the hotel does not provide one free of charge I will bring one. I will bring a screen if I need it.

Debbie: Thursday you will give a year-to-date overview. Thursday night I had a question whether you wish to meet with the financial committee.

Holly: It's easier for me to do it myself, but it doesn't mesh well with the OA style of leadership, but I will bow to the group conscience.

Debbie: In assembly on Friday, you will go over the budget, so we are kind of your committee and you will be able to ask questions and make changes. If the assembly wants a meeting, we'll find a daytime slot for that so we don't burn out meeting at night too.

Holly: I will revisit my budget, my 2009 report will be the actual numbers for the first three quarters of the year and the projection for the 4th. When that is done, I will revisit the budget that I presented in July. It sounds like the group conscience is to send it around to the board.

Debbie: I think the big item will be how many delegates we will send to WSBC.

Bob: You have told folks that they have opportunity to get scholarships to WSBC?

Holly: Intergroup scholarships are different and won't be part of our discussion.

Debbie: Because we were under 40% to World Service Business Conference, intergroups which can't afford it and people who have never gone can apply.

Holly: The board member application includes regional representatives, so they fill out the same form.

Debbie: I didn't make one, so I have to change it. I don't want people to apply at Assembly and not be able to go. All right, I've asked for agenda items for the meeting Wednesday. It is an overview assembly and we'll leave it open. The other thing that has

come up is the Sponsor by Email. Celia seems overwhelmed and the same is happening at WSO. Maybe we need to stop duplicating our efforts and use the WSO program. I'm just wondering if we need to disband the sponsor by email committee.

Bob: You aren't getting anyone to sign up as a sponsor by email in the Region?

Debbie: Right.

Bob: Well, maybe that's not a bad idea.

Holly: I was concerned about the cost? \$10? I think that if we do something that is free, that it is a service to the region. And we can always say that we can refer them to WSO if we cannot help them find a sponsor.

Debbie : We could give our sponsors to WSO. Celie is stepping down because she's frustrated.

Holly: Maybe we can focus on how to encourage people to sponsor by email, and pass out sign up sheets at assembly. I can pitch that because I sponsor by email and it works better for me.

Debbie: Can we present this at convention and have sign up sheets then?

Holly: I will look at the Convention program and see when I can pitch this.

Debbie: We need to discuss accommodations.

Holly: Kevin and Bob are sharing a room, Teresa and I are sharing a room, so she is paying for her half. We don't normally pay for center microphone. Your room, you need to be alone for two nights. Then Martha has said that she would like to stay Friday and Saturday nights at the hotel and will share a room with you.

Debbie: What about the PO box mailing from WSO?

Holly: I got the first mailing for 2010 and the minutes from the 2009 and first mailing for 2010. Did you get these?

Debbie: Yes.

Holly: I would like permission to shred it. I may keep the minutes but I'm assuming that it is a courtesy copy. That is all I wanted to add to the agenda.

Closing – 3rd step prayer.