

Region One Board Minutes

Wednesday, March 15, 2023

3:30 PM Pacific

VIA Zoom

Board Attendees: Teri O. (First Vice-Chair) Carrie A. (Treasurer), Diane D. (Technology Coordinator), Lisa S. (Secretary) Erin F. (Member-at-Large) Karen (Substitute Trustee Liaison)

The meeting opened with the Serenity Prayer.

Carrie read the Region One Primary Purpose and 2022-2023 Mission Statement

Erin read today's reading from For Today.

Additions to the Agenda: Delegate support request from Peninsula Intergroup.

Approval of the February Board Meeting Minutes: Minutes were adopted as submitted.

Board Outreach Calendar:

- Erin and Teri will be leading a workshop in Montana this weekend – Friday, March 17 through Sunday, March 19th.
- IG Chairs Monthly Check-in: Diane reported there was no IG Chairs meeting in March.
- Board Meeting in Kelowna, BC
 - Board meeting on Friday, June 2nd before the Southern British Columbia Intergroup's Spring Retreat @ Seton House of Prayer in Kelowna, BC
 - Lodging reserved at nearby B & B for Thursday, June 1st through Sunday, June 4th.
 - **Board members need to register for the retreat.**
 - **Board members need to reserve flights to arrive at Kelowna on Thursday, June 4th.**

Financial Update:

- **Carrie presented the YTD income and expenses for 2023.**
 - Board Travel expenses
 - \$2646.41 Travel and Lodging for Montana Retreat
 - \$1698.12 Kelowna AirBnB for Board Meeting
 - Member Outreach Grants
 - \$300.00 to Southern BC IG grant for zoom licenses.
 - Actual cost to IG for zoom licenses came to ½ of grant. They are requesting permission to use the rest of the grant to purchase literature.
 - Southern BC Intergroup needs to update their application with details on how they use the money in the grant. BFDS needs to approve updated application.
 - \$240.00 to Oregon IG for literature
 - Board Special Projects
 - \$200.00 to Southern BC IG for face-to-face event

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- Free VORs and Journals to R1 Intergroups:
 - \$133.49 Catch the Wave IG
 - \$139.46 Anchorage IG
- Policy Application submitted to company.
 - Total premium \$1063.00 per year
 - One time broker fee
- **Erin will send the policy to the Board.**

Membership Outreach Grants:

- The Board approved the following Membership Outreach grants:
 - \$500.00 to the Bitterroot Intergroup to use for their Spring and Fall retreats.
 - \$700.00 to the South Sound Intergroup to pay for a web designer.
 - \$500.00 to the Peninsula Intergroup to use for coupons to assist members to attend the 2023 R1 convention.

2022 WSBC

- Motion to fund delegate support application from Peninsula Intergroup out of Membership Outreach budget **approved**.
 - Application for funds in the amount of \$561.20.
 - **Carrie will inform BFDS team.**
 - Applications for delegate support are now closed.
- Ways and Means project.
 - Taking the \$400.00 allocated for ways means expense to purchase Journals from Amazon to be shipped to WSBC for sale.
 - **Carrie will be ordering the journals. Alice will be receiving them.**
 - **Need a plan to bring unsold Journals back to Region One.**
- Region One activities.
 - **Printing Flyers for 2023 Convention for Board Members to take to WSBC.**
 - **Need to finalize image for flyers at next planning meeting.**

2023 Convention

- Convention Planning meetings are held on the first Saturday of each month.
- **The committee needs experienced volunteers to support subcommittees.**

Second Vice Chair Candidates

- Lisa reported that someone had emailed that they may be interested in running.
- **Lisa will follow up on email.**

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Board Special Projects

- Literature to Region One Intergroups.
 - One R1 Intergroup left to receive their free VOR's and Journals.
 - Carrie reported final IG is in the works.
- Face to face funding requests
 - Bitterroot and Kelowna events in progress
 - Carrie reported that there was an IG that applied for a grant and that Lauren had determined it would be allocated from the Member Outreach budget. Diane reported that the funds need to be allocated from the Board Special Projects budget.
 - **Carrie will take this to BFDS and allocate the funds correctly.**
 - **Diane will change the website to take the free VOR's and Journals off the website and put Member Outreach Grants, with the face to face events and other options for the grants.**

Roundtable

- Erin thanked Diane for showing her how to use JotForm.
- Alaska Intergroup is asking for a speaker for their speaker meeting and for their quarterly workshop on zoom.
 - **Carrie, Diane, and Karen are available.**
 - **Teri will connect them with Alaska IG to coordinate.**

The meeting adjourned with the Founders Prayer.