

Region One Board Meeting
Wednesday, July 15, 2020 – 4:30pm Pacific Time

Attendees: Cindy, Nadine, Beverly, Margie, Avi, Alice

Meeting called to order at 4:30pm

Margie read Voices of Recovery for July 15th

Alice read the Region 1 purpose and the mission statement (shown at end of minutes).

Cindy rearranged the agenda to make sure we had time to discuss candidates for board positions.

Board Calendar

Cindy reviewed the board travel calendar

- Southern Alberta – September 12 or 19 intergroup renewal is on for virtual (Cindy/Nadine)

AI: Alice to look up WSBC deadlines and send them to Beverly so she can add them to the calendar.

Candidates for Board Positions

Beverly and Nadine presented names of possible candidates for open board positions. Each board member signed up to contact members to gauge interest. Applications are due 9/1/2020.

The board agreed to make contact and report back by 7/29/2020.

AI: Beverly will email list to the board.

The board discussed using Dropbox for the spreadsheet and future documents.

AI: Cindy to send latest version of Board Application to Beverly. Nadine and Beverly will meet to review and distribute.

Assembly

Theme: *Life on Life's Terms: Connecting to Recovery in a Changing World*

Cindy used the results of the strategic planning to set details for Assembly 2020. Cindy proposed holding a virtual Assembly on the weekend before Convention, during the day to accommodate working fellows.

Proposed dates:

Assembly: October 17-18

Convention: October 24-26.

Cindy mentioned our policy to avoid Canadian Thanksgiving, which falls on Monday, October 12, 2020. These dates avoid this holiday.

Beverly reported that online registration for Assembly will use last year's form. She raised the issue of payment. Will we change a registration fee this year? Do we ship each representative a binder (through Amazon) or ask that each Intergroup pay for the binders?

Cindy wants Assembly registration to go live next month. Nadine raised the question of providing a program in my pocket, journal and pen as a fundraiser. We usually have Region 1 journals for sale at Assembly and Convention. How will we handle for a virtual Assembly/Convention?

Alice asked if the bylaws require Region 1 to provide each Representative with a binder.

AI: Alice to check to see if there is a Bylaw requires providing reps with assembly binder.

After a thorough discussion, Beverly presented a motion:

Move that Region 1 waves all fees for Assembly 2020 Representative registration and provides instructions for Representatives to purchase assembly binders directly.

Motion was seconded by Avi. Motion carried.

Avi mentioned we will need to publish the Assembly binder on Amazon for both US and Canada using the Chair account.

AI: Beverly and Cindy will meet to discuss details.

Pre-Assembly Sessions:

Avi discussed when to hold the Budget Q&A prior to Assembly. Dates are set for Sept 27 and Oct 6 at 7pm PST via Zoom. Details to follow.

AI: Avi to send zoom invite to Beverly for posting on R1 calendar

Margie and Cindy will host "All About Assembly" calls. Dates TBD.

AI: Cindy will send dates and information to Beverly for inclusion in the calendar.

With the new Assembly dates, the submission deadlines for motions has to change. Motions are due sixty (60) days before the start of Assembly. Assembly motions must be posted on the Region 1 website thirty (30) days prior to Assembly (Sept 17th).

Convention

Convention chairs Pat O. and Sue B.

Cindy and Beverly plan to attend the first convention meeting planning on Sunday, 7/19. Cindy asked that whomever is available to plan to participate as well to show support.

Nadine asked what is expected of board members during convention. Cindy said to be available to speak or be on a panel.

Convention Treasurer: Avi was asked to consider being Convention Treasurer. Avi asked about the Convention Treasurer as far as access to the bank account. According to policy, Chair, Vice-Chair and Treasurer have access. Previous members need to be removed from account.

AI: Avi and Cindy will work on getting proper access to R1 accounts.

Avi stated that the simplified convention eliminates a lot of necessary set-up that an in-person convention requires. Beverly said the registration form is attached to square, so money will go into the convention account directly. Hopefully, will have few paper checks to process. Paypal is used for the general fund. Square is for convention.

Project Teams: This item was not discussed during the meeting. Cindy will address this topic in a future email.

Financial Report

Meeting was running long, so Cindy excused any board members who needed to leave. Everyone chose to remain in the meeting.

Avi presented a cleaned up budget proposal for 2021 Assembly and believes it is ready to submit to binder. Board reviewed budget. "Sad" numbers were pointed out in categories such as Outreach, PI/PO and Board Projects. These numbers were based on the estimated Convention attendance, which did not allow any funds for these line items.

Beverly noted that last year, Assembly passed two (2) separate budgets: one for General and one for Convention.

The board discussed the estimated attendance for the 2021 Convention. After a lengthy discussion, the board recommended that the 2021 Convention budget be based on 170 attendees, rather than 135, and adding money to line items for Outreach, PI/PO and Board Projects.

Liaison Assignments

AI: Cindy needs to redistribute Intergroup assignments.

Watch for email from her.

Relief Grants 2020

(Central Oregon, Bitterroot, Lake Country)

This item was not discussed due to lack of time.

AI: Cindy to add this item to august Agenda

Website Enhancements (Beverly)

This item was not discussed due to lack of time.

AI: Cindy to add this item to august Agenda

6:06pm Cindy adjourned meeting with the Serenity Prayer

NEXT MEETING: Wednesday, August 19, 2020

The **primary purpose** of this organization is to aid those with the disease of compulsive eating through the Twelve Steps of Overeaters Anonymous, and to serve and represent the OA groups and intergroups from which it is formed.

*2020- Mission: **Each One, Reach One - Share the Hope!***

2019-2020 Region One Board Liaison Assignments		
Name / Office:	Liaison Intergroups:	Liaison Project Teams / Other Roles:
Cindy C. Chair	Peninsula Pierce County South Sound Southern Alberta	PIPO/Carrying the Message Audit New Group Outreach Intergroup Chairs Team
	Catch the Wave	Convention

Laurie B. Vice Chair	Emerald Empire Jefferson State Oregon	Nurturing Newcomers
Avi Treasurer	Alaska Anchorage Southeast Alaska	BFDS Unaffiliated Group Outreach
Alice Secretary	Big Sky Bitterroot Lake Country	Board Outreach Visit Coordinator Bylaws
Beverly M. Technology Coordinator	Greater Seattle Northern Lights Regina Southern BC Interior	Assembly Notebook Region Board Calendar Updates
Nadine D. Member-at- Large	Central Oregon Eagle Cap Greater Columbia Snake River	Nominations Speaker List Strong Recovery
Margie G. Trustee	North Cascades Sea to Sky Vancouver Island	Journal Sales Sponsorship

Minutes respectfully submitted.

Alice W,
Region 1 Secretary