

# 44th Annual Region One Assembly Minutes

October 16-18, 2019

*Portland, Oregon, United States*

**Board Members present:** Beverly M., Region One Chair; Sue B., Region One Vice Chair; Margie G., Region One Communications Coordinator; Leslie W., Region One Treasurer; Cindy C., Region One Secretary; Nadine D., Region One Member-at-Large Pat O., Region One Trustee

**Parliamentarian:** Karen B.

## **Representatives present by Intergroup (IG):**

- Big Sky IG: Kelli D.
- Bitterroot IG: Kate V.
- Catch the Wave IG: Cynthia T.
- Central Oregon IG: Joan M.
- Eagle Cap IG: Cathy Z.
- Emerald Empire: Joanne S.
- Greater Seattle IG: Erin F., Paul M., Cate O., Jules P.
- Jefferson State – Margaret T.
- Lake Country IG: Debra P., Kim C.
- North Cascade IG: Marjorie T., Allen T.
- Northern Lights IG: Marie S.
- Oregon IG: Liz S., Jan E., MerleAnn M., Rosanne K.
- Peninsula IG: Linda S., Sara H.
- Pierce County IG: Tammy E.
- Sea to Sky IG: Faye D.
- Snake River IG: Nancy C., Pat H.
- Southeast Alaska IG: Cassie J.
- Southern Alberta IG: Judy A.
- Vancouver Island IG: Rita P.

## **Intergroups not Present:**

- Alaska IG
- Anchorage IG
- Greater Columbia IG
- Regina IG
- South Sound IG
- Southern BC Interior IG

**Visitors Present:** Richard G. – Oregon IG, Terri R. – Central Oregon IG, Gary O. – Lake Country IG, Avi R. – Greater Seattle IG, Cara Z., Cathy P., Claire B., Dorothy C. – Oregon IG, Jenice G., Laurie B., Leila L., Loretta B., Claire B. – Sea to Sky IG.

## Wednesday, October 16, 2019

The Chair opened the 2019 Region One Assembly at 7:15 PM with the Serenity Prayer, a welcome message and two readings, an acknowledgement of Green Dots (representatives new to the Assembly process), housekeeping items and a Connections Challenge game announcement. There was also an overview of the Assembly agenda and the focus of Assembly, 2019: Each One, Reach One – Share the hope!

The Chair announced that applications would be accepted for open Board positions through Thursday at 2:45 pm. It was also announced that Cindy C., one of the Trustee nominees, withdrew her application.

Following an overview of the Assembly Notebook, the BFDS team (Budget, Finance and Delegate Support) presented grant checks for group support and special events to participating intergroups.

A “Getting to Know You” Ice Breaker was facilitated by the R1 Member-at-Large and Secretary.

Parliamentary procedure was practiced with the introduction of a mock motion; the motion failed. Assembly recessed at 9 PM with the Founders Promise “I Put My Hand in Yours”.

## Thursday, October 17, 2019

The Assembly resumed at 8:25 AM Thursday Morning with the Serenity Prayer. The following items were read: The Twelve Steps, The Twelve Traditions, The Twelve Concepts.

### Welcome and Introductions

Representatives, Region Board, Trustee, Parliamentarian and visitors introduced themselves. The R1 Vice Chair will serve as timer for the Assembly.

### Appointments

Several appointments were made by the Chair:  
Minutes Review & Approval Team: Liz S., Cassie J.  
Assembly Reference Committee: Bylaws team and Rosanne, Marie  
WSBC 2019 Reference Subcommittee: Faye D., Paul M.  
WSBC 2019 Appeals Committee: Marjorie T., MerleAnn M.

Open Board positions were announced (Chair, Treasurer, Member-at-Large for two-year terms and affirming the nomination of up to three R1 Trustees to serve a three-year term). The R1 Chair covered elections, qualifications, and the election process. The Chair also reviewed the budget process.

#### **The R1 secretary presented the Credentials Report:**

Voting Board Members: 6  
Region Representatives: 29  
Total Voting Members:35  
Trustee: 1  
Parliamentarian: 1  
Visitors: 10  
Total Number in Attendance:47

There was a brief review of the Agenda. The agenda was adopted.

#### Standing Rules

The Standing Rules were discussed. An amendment to item 5 was presented: “Voice and vote shall be granted to registered Region One Representatives, Region One Board Members and Representatives from unaffiliated groups. The Region One Trustee, General Service Trustees who reside in Region One, Region Representative Alternates, immediate past Committee Chairs not serving at the Assembly as Representatives and Intergroup Chairs have voice but no vote. The Parliamentarian has no voice or vote unless requested by the Chair to address the Assembly on a specific topic.” The Standing Rules were adopted as amended.

#### Consent Agenda

The Consent Agenda was explained. P-10, P-2 were removed from the Consent Agenda by voting members.

Items remaining on the consent agenda were Policy Motions P-1, P-4, P-5, P-7, P-8. The Consent Agenda as revised was adopted.

Motion makers and those making amendments were identified so that voting members could ask questions between sessions as needed. Known amendments: P-3 amendment was stated. P-10 amendment was stated.

#### 2018 Budget vs Actuals

2018 Budget vs Actuals: The treasurer reviewed actuals in the 2018 budget that had exceeded the amount budgeted by greater than or equal to 10%. The 2018 budget expenditures were ratified.

#### Board Reports – Q&A

The chair was available to answer questions.

The vice chair was available to answer questions.  
The secretary was available to answer questions.  
The treasurer was available to answer questions.  
The member-at-large board member was available to answer questions.  
The communications coordinator was available to answer questions.  
The R1 Trustee was available to answer questions.

### Project Team Reports – Q&A

The Assembly Binder Team Chair was available to answer questions.  
The Audit Team Chair was available to answer questions.  
The Budget, Finance and Delegate Support Team Chair was available to answer questions.  
The Bylaws Team Chair was available to answer questions.  
The Carry the Message Team Chair was available to answer questions.  
The 2018 OA Region One Convention Team Chair was available to answer questions.  
The 2018 OA Region One Convention Binder Team Chair was available to answer questions.  
The Nominations Team Chair was available to answer questions.  
The Nurturing Newcomers and Member Retention Team Chair was available to answer questions.  
The Quilt Project 2018 Team Chair was available to answer questions.  
The Sponsorship/Virtual Sponsorship Project team Chair was available to answer questions.  
The Strong Recovery/Member Retention Team Chair was available to answer questions.

### Intergroup Reports

The vice chair facilitated representative sharing about intergroup strengths and best practices.

### Workshop: Sharing Hope – What One Member Can Do

The first of three workshops focusing on the individual carrying a message of hope was facilitated by the Communications Coordinator and Secretary.

The session adjourned at 12:01 PM for lunch following announcements by the Chair and the Serenity Prayer.

A guest speaker from R1 spoke during the lunch break.

### Thursday Afternoon Session

The session resumed at 1:41 pm for the afternoon with a reading: “How to be An Effective Trusted Servant.”

The R1 Secretary presented the Credentials Report:

Voting Board Members: 6  
Region Representatives: 29  
Total Voting Members: 35  
Region One Trustee: 1  
Parliamentarian: 1  
Guests: 10  
Total Number in Attendance: 47

There was a short presentation of what it means to serve on the Region One Board and Board of Trustees followed by a call for nominations from the floor for each open Board position. Terri R. self-nominated from the floor for member at large.

### Third & Final Budget Proposal Q&A

The third and final budget Q&A session was conducted. The treasurer walked through the budget in sections, answered questions, and took note of adjustments requested by the representatives. A proposal was made from the body that BFDS include \$500 in the 2020 budget for ASL services for the Convention keynotes, with voice to text and projection used for workshops. A straw vote was taken.

### Project Team Planning Session #1

Project teams were introduced, along with a review of notebook resources. The 2019-2020 Project teams are as follows:

- Assembly Notebook
- Audit
- Budget, Finance and Delegate Support
- Bylaws
- Nurturing Newcomers and Newcomer Retention
- Outreach: Carrying the Message/Public Information Public Outreach (PIPO)
- Sponsorship (including Virtual Sponsorship)
- Strong Recovery and Member Retention

Following project team breakouts, each team reported progress back to the Assembly.

Nominees for three Board positions (Chair, Treasurer, Member-at-Large) and the nominee for the Region One Trustee position spoke for three minutes each and answered questions.

Following announcements and the Serenity Prayer, the session adjourned at 5:20 pm for dinner.

## Thursday Evening Session

---

The evening session convened at 7:15 pm with the Serenity Prayer.

### Workshop: Sharing Hope in Our Meetings

The second of three workshops was facilitated by the R1 Member-at-Large and the R1 representative from Pierce County IG.

The Region 1 Chair directed the Budget Team to meet directly following adjournment to incorporate representative input into a revised budget proposal.

The session was adjourned at 7:50 pm with the Serenity Prayer.

## Friday, October 18, 2019

Session resumed at 8:25 AM, with the Serenity Prayer and reading.

The R1 Secretary presented the Credentials Report:

Voting Board Members: 6  
Region Representatives: 29  
Total Voting Members: 35  
Region One Trustee: 1  
Parliamentarian: 1  
Guests: 8  
Total Number in Attendance: 45

There was a review of the procedure for debate and use of microphones.

Bylaws motions and policy motions were debated and voted upon.

The following Motions were addressed during this session. **Complete text of the motions, as adopted are included in Addendum A to the minutes.**

### Motion BL-1

Proposal to amend Bylaw Article V REGION ONE BOARD Section 1 to rename the position of Communications Coordinator to Technology Coordinator was adopted.

### Motion BL-2

Proposal to amend Bylaw Article V REGION ONE BOARD Section 2 NOMINATIONS to require that Board position nominees appear before Assembly in person was adopted.

### Motion BL-3

Proposal to amend Bylaw Article VII, OFFICERS DUTIES, Section 6 THE COMMUNICATIONS COORDINATOR to rename the position and update duties to reflect a change in focus was adopted as amended.

#### Motion P-1

Proposal to amend Policy 4.4 SECRETARY RESPONSIBILITIES to reflect current practice around Assembly representation and update the Bylaws and Policies and Procedures was adopted on the consent agenda.

#### Motion P-2

Proposal to amend Policy 4.5.10. REGION ONE BOARD JOB RESPONSIBILITIES, section 4.5 TREASURER RESPONSIBILITIES to give the Audit Committee the opportunity to review finances monthly and to shorten the time allowed for providing materials to the General Audit Committee was adopted as amended.

#### Motion P-3

Proposal to amend Policy 4. REGION ONE BOARD JOB DESCRIPTIONS SECTION 4.6 COMMUNICATIONS COORDINATOR to update duties that reflect a change in focus was adopted.

#### Motion P-4

Proposal to amend Policy 5 BUDGET AND FINANCE to safeguard access to Region One accounts was adopted on the consent agenda.

#### Motion P-5

Proposal to amend Policy 5 BUDGET AND FINANCE to shorten lag time for audits to be completed was adopted on the consent agenda.

#### Motion P-6

Proposal to amend Policy 5 BUDGET AND FINANCE section 5.2 BUDGET to rename the position of Communications Coordinator to Technology Coordinator was adopted.

#### Motion P-7

Proposal to amend Policy 5. BUDGET AND FINANCE, Section 5.4 REPRESENTATIVE AND DELEGATE SUPPORT regarding the application process for Assembly representative and WSBC delegate financial support was adopted on the consent agenda.

#### Motion P-8

Proposal to amend Policy 5.5.3. PUBLIC INFORMATION/PROFESSIONAL OUTREACH GRANTS to reference the Twelve Steps and Twelve Traditions of Overeaters Anonymous was adopted on the consent agenda.

#### Motion P-9

Proposal to amend Policy 5. BUDGET AND FINANCE section 5.6 REIMBURSEMENT to provide funding for Board position nominees to cover travel expenses to Assembly if they are not already funded by their service bodies was adopted.

### Motion P-10

Proposal to amend Policy 7 REGION ONE REPRESENTATIVES to update current practices around declaration of eligibility and method of registration was adopted as amended. The question was divided. Motion 7.1 was adopted. Motion 7.4 as amended was adopted. The main motion was adopted as amended.

### Motion P-11

Proposal to amend Policy 8.3 CONVENTION REGISTRATION, 8.3.1. FEES to streamline and simplify the region convention registration process and avoid delays in granting available scholarships was adopted.

### Emergency New Business Motion WS-1

Proposal to amend Article IX BOARD OF TRUSTEES, section 4 Qualifications, of the Overeaters Anonymous Bylaws to replace a time-based requirement for residency with a simple requirement for residency for region trustees was adopted as amended.

## Presentation of revisions to the 2020 budget proposal and approval of the 2020 budget as revised

The budget was adopted as revised. The approved budget will be posted to oaregion1.org under the *Documents* tab.

### Elections

Voting for all open positions was conducted. The Parliamentarian served as the head teller, with two additional tellers appointed.

There was open sharing of solutions with topics chosen by representatives.

### Election results

The following board members were elected:

Chair: Sue B. was elected for a two-year term

Treasurer: Avi R. was elected for a two-year term

Member-at-Large: Nadine D. was elected to a two-year term

Trustee: Marjorie G. was affirmed as the Region One Trustee nominee to WSBC 2020.

The Assembly adjourned for lunch at 12:00 PM.

## Friday Afternoon Session



The Assembly resumed at with the Serenity Prayer and a reading from *The Twelve Steps and Twelve Traditions of Overeaters Anonymous* "Footsteps"

\$722.00 was collected in 7<sup>th</sup> Tradition.

### Workshop: Sharing the Hope through Strong Intergroups

The third of three workshops was facilitated by the R1 Trustee and the R1 Vice Chair.

Project teams resumed meeting.

Connection Challenge drawing results:

Assembly registration for selected IG: Greater Seattle IG

Assembly registration for selected IG: Peninsula IG

Convention package: Cate O., Greater Seattle IG

Gifts of Region One Journals were given to all representatives and visitors and the Green Dot Ceremony was held.

The Region Assembly Closed at 3:15 PM with the "Founder's Promise".

Submitted By:

Cindy C.,  
Region One Secretary  
October 18, 2019

## Addendum A

### OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

#### Motion BL-1

Move to amend Bylaw Article V REGION ONE BOARD Sect 1 by striking and inserting as follows:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p>Article V. Region One Board Section 1 – The Region One Board shall consist of the following:</p> <ul style="list-style-type: none"><li>A. Members with voice and vote: Chair, Vice-Chair, Secretary, Treasurer, Communications Coordinator and Member at Large.</li></ul>	<p>Article V. Region One Board Sect 1. – The Region One Board shall consist of the following:</p> <ul style="list-style-type: none"><li>A. Members with voice and vote: Chair, Vice-Chair, Secretary, Treasurer, <del>Communications</del> <u>Technology</u> Coordinator, and Member at Large.</li></ul>

**SUBMITTED BY:**

Margie G.  
Communications Coordinator

**INTENT:**

To rename the position to Technology Coordinator.

**IMPLEMENTATION:**

Make appropriate changes to the 2018 Region 1 Bylaws.

**COST:**

Time of the secretary to make the changes to the Bylaws.

**RATIONALE:**

To have the name of the position more accurately reflect the role of this Board Member.

# OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

## Motion BL-2

Move to amend Bylaw Article V REGION ONE BOARD Section 2 NOMINATIONS by inserting the following:

CURRENT WORDING	PROPOSED WORDING
<p><b>Article V – Region One Board</b></p> <p><b>Section 2 – Nominations:</b></p> <ul style="list-style-type: none"><li>A. All Intergroups shall be notified seventy-five (75) days prior to Assembly of offices to be filled.</li><li>B. Applicants may submit an application to the Region One Board or Nominations Committee at any time prior to the election.</li><li>C. Each voting member of the Assembly shall have the right to make nominations from the floor. Those so nominated shall submit an application prior to the election at a time to be determined by the Assembly.</li><li>D. Candidates for office shall be available for questioning by the members of the Assembly prior to the election at a time and method to be determined by the Assembly. Any candidate for office who is not in attendance at the Assembly shall be available for questioning by the members prior to the election via a written or electronic method at a time to be determined by the Assembly.</li></ul>	<p><b>Article V – Region One Board</b></p> <p><b>Section 2 – Nominations:</b></p> <ul style="list-style-type: none"><li>A. All Intergroups shall be notified seventy-five (75) days prior to Assembly of offices to be filled.</li><li>B. Applicants may submit an application to the Region One Board or Nominations Committee at any time prior to the election.</li><li>C. Each voting member of the Assembly shall have the right to make nominations from the floor. Those so nominated shall submit an application prior to the election at a time to be determined by the Assembly.</li><li>D. Candidates for office shall be available <u>in person</u> for questioning by the members of the Assembly prior to the election at a time and method to be determined by the Assembly. <del>Any candidate for office who is not in attendance at the Assembly shall be available for questioning by the members prior to the election via a written or electronic method at a time to be determined by the Assembly.</del></li></ul>

**SUBMITTED BY:**

Faye D., Bylaws Project Team

**INTENT:**

To require that Board position nominees appear before Assembly in person.

**IMPLEMENTATION:**

This requirement will be included on Board position applications and any communication about open Board positions.

**COST:**

None.

**RATIONALE:**

It is appropriate for Assembly to be able to ask questions and hear from of a nominee for a Region 1 Board position in person.

## OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

### Motion BL-3

Move to amend Bylaw Article VII, OFFICERS DUTIES, Section 6 THE COMMUNICATIONS COORDINATOR by striking and inserting as follows:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p>Article VII - Officers Duties Section 6 – The Communications Coordinator</p> <ul style="list-style-type: none"><li>A. Shall assemble material for electronic distribution.</li><li>B. Shall provide for the maintenance and updating of the Region One website as necessary.</li><li>C. Shall work with Region One committees as deemed necessary by the Region One Board.</li><li>D. Shall perform all other duties as prescribed in the Region One Job Description Policies.</li></ul>	<p>Article VII - Officers Duties Section 6 – The <del>Communications</del> <u>Technology</u> Coordinator</p> <ul style="list-style-type: none"><li>A. Shall assemble material for electronic distribution.</li><li>B. Shall provide for the maintenance and updating of the Region One <del>website</del> <u>web presence (website and social media) and other public media of communication</u> as necessary.</li><li>C. Shall work with Region One committees as deemed necessary by the Region One Board.</li><li>D. Shall perform all other duties as prescribed in the Region One Job Description Policies.</li></ul>

**SUBMITTED BY:**

Margie G.  
Communications Coordinator

**INTENT:**

To rename the position to Technology Coordinator. And update duties to reflect a change in focus.

**IMPLEMENTATION:**

Make appropriate changes to the 2018 Region 1 Bylaws.

**COST:**

Time of the secretary to make the changes to the Bylaws.

**RATIONALE:**

To have the name of the position and description of duties more accurately reflect the role of this Board Member.

# OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

## Motion P-1

Move to amend Policy 4.4. SECRETARY RESPONSIBILITIES by striking and inserting the following:

CURRENT WORDING	PROPOSED WORDING
<p>4.4.SECRETARY RESPONSIBILITIES:</p> <p>4.4.1.Records and prepares the minutes of all Region One Board Meetings:</p> <p style="padding-left: 40px;">4.4.1.1. Sends draft of minutes to Board Members for input and changes within 30 days of each meeting.</p> <p style="padding-left: 40px;">4.4.1.2. Brings records of the Board’s actions from the past year to each Board meeting.</p> <p style="padding-left: 40px;">4.4.1.3. Develops action list from meeting notes and sends to those persons with assigned tasks within 2 weeks following each Board meeting or Assembly.</p> <p>4.4.2.Updates and maintains roster of Board members, Committee Chairs, and liaison assignments.</p> <p>4.4.3.Updates and maintains roster of Region One Intergroups including name, current mailing address, number of groups registered, and Board liaison assigned to each.</p> <p>4.4.4.Updates and maintains roster of Region One representatives including complete name, address, telephone number, Intergroup (or unaffiliated group) represented, and email address.</p> <p>4.4.5.Sends out a form titled “Eligibility for Assembly” to each Intergroup at least one hundred fifty (150) days before the Region One Assembly. The form shall be used to register the Intergroups’ Region Representatives and/or alternates for the upcoming Assembly and attest to the Representatives’ and/or alternates’ eligibility to serve at the</p>	<p>4.4.SECRETARY RESPONSIBILITIES:</p> <p>4.4.1.Records and prepares the minutes of all Region One Board Meetings:</p> <p style="padding-left: 40px;">4.4.1.1. Sends draft of minutes to Board Members for input and changes within 30 days of each meeting.</p> <p style="padding-left: 40px;">4.4.1.2. Brings records of the Board’s actions from the past year to each Board meeting.</p> <p style="padding-left: 40px;">4.4.1.3. Develops action list from meeting notes and sends to those persons with assigned tasks within 2 weeks following each Board meeting or Assembly.</p> <p>4.4.2.Updates and maintains roster of Board members, Committee Chairs, and liaison assignments.</p> <p>4.4.3.Updates and maintains roster of Region One Intergroups including name, current mailing address, number of groups registered, and Board liaison assigned to each.</p> <p>4.4.4.Updates and maintains roster of Region One representatives including complete name, address, telephone number, Intergroup (or unaffiliated group) represented, and email address.</p> <p><del>4.4.5.Sends out a form titled “Eligibility for Assembly” to each Intergroup at least one hundred fifty (150) days before the Region One Assembly. The form shall be used to register the Intergroups’ Region Representatives and/or alternates for the upcoming Assembly and attest to the Representatives’ and/or alternates’ eligibility to serve at the</del></p>

<p>Assembly.</p> <p>4.4.6.Coordinates registration for Assembly:  4.4.6.1. Sends out Assembly registration form to Intergroups, encouraging pre-registration.  Follows up with those Intergroups not responding by deadline.</p> <p>4.4.6.2. Registers Representatives and Alternates as they arrive at Assembly, provides name tags and ribbons.  4.4.6.3. Gives credentials report on number of voting Representatives and Board members during Assembly.</p> <p>4.4.7.Sends Assembly materials to Intergroups that did not send any representatives to Assembly.  4.4.8.Sends out notices and handles all other correspondence that is not the proper function of a Committee or another Board member.</p>	<p><del>Assembly.</del></p> <p><u>4.4.5.Updates and maintains Region One Bylaws and Policies and Procedures following the annual Assembly then refers them to the Bylaws project team for review and approval. Following approval by the Bylaws project team, provides electronic versions of both documents for posting on the Region website.</u></p> <p>4.4.6.Coordinates registration for Assembly:  4.4.6.1. Sends out Assembly registration <u>instructions form</u> to Intergroups, <u>unaffiliated groups and Region One committees at least one hundred fifty (150) days before the Region One Assembly, encouraging pre-registration.</u>  Follows up with those Intergroups not responding by deadline.  4.4.6.2. Registers Representatives and Alternates as they arrive at Assembly, provides name tags and ribbons.  4.4.6.3. Gives credentials report on number of voting Representatives and Board members during Assembly.</p> <p>4.4.7.Sends Assembly materials to Intergroups that did not send any representatives to Assembly.  4.4.8.Sends out notices and handles all other correspondence that is not the proper function of a Committee or another Board member.</p>
---	---

**SUBMITTED BY:**

Cindy C.  
Region One secretary

**INTENT:**

Amend secretary responsibilities

**IMPLEMENTATION:**

Update Region One Policy and Procedures

**COST:**

None

**RATIONALE:**

4.4.5. When registering online for Assembly, representatives affirm that they have been elected by the service body to represent them at the Region One Assembly. It is no longer necessary to mail a paper form to the intergroup.

This motion also establishes a review system to ensure that Region One Bylaws and Policies and Procedures are updated accurately.



## October 2019 Motion to Region One Assembly

### Motion P-2

Move to amend Policy 4.5.10. REGION ONE BOARD JOB DESCRIPTIONS, section 4.5 TREASURER RESPONSIBILITIES by striking and inserting as follows:

CURRENT WORDING:	PROPOSED WORDING
Policy 4. REGION ONE BOARD JOB DESCRIPTIONS	Policy 4. REGION ONE BOARD JOB DESCRIPTIONS
4.5. TREASURER RESPONSIBILITIES:	4.5. TREASURER RESPONSIBILITIES:
4.5.1. Assume office immediately, but allow sixty (60) days after election to work with the previous Treasurer to balance books and receive all materials for the position.	4.5.1. Assume office immediately, but allow sixty (60) days after election to work with the previous Treasurer to balance books and receive all materials for the position.
4.5.2. Maintain a mailing address to receive donations. Retrieve the mail at least every two weeks.	4.5.2. Maintain a mailing address to receive donations. Retrieve the mail at least every two weeks.
4.5.3. Maintain bank accounts in U.S. funds.	4.5.3. Maintain bank accounts in U.S. funds.
4.5.4. Record receipts and disbursements.	4.5.4. Record receipts and disbursements.
4.5.5. Reimburse Board members and Committee Chairs for approved expenses.	4.5.5. Reimburse Board members and Committee Chairs for approved expenses.
4.5.6. Record donations by group number.	4.5.6. Record donations by group number.
4.5.7. Complete government forms as required, including annual renewal of corporate registration with the state of Oregon and annual federal income tax filing.	4.5.7. Complete government forms as required, including annual renewal of corporate registration with the state of Oregon and annual federal income tax filing.
4.5.8. Maintain up-to-date financial information including balancing checking accounts monthly.	4.5.8. Maintain up-to-date financial information including balancing checking accounts monthly.
4.5.9. Submit financial statements prior to each Board meeting and Assembly.	4.5.9. Submit financial statements <del>prior to each Board meeting and Assembly</del> <u>to the board, the audit committee, and the budget &amp; finance committee on a monthly basis, and year-end summaries for inclusion in the Assembly binder.</u>
4.5.10. Provide reports and all supporting materials, paper and electronic, to the Chair of the General Audit Committee for an annual audit by March 31.	4.5.10. Provide <u>year-end</u> reports and all supporting materials, paper and electronic, to the Chair of the General Audit Committee for <del>an the</del> annual audit by <del>March 31</del> <u>February 28</u> .
	4.5.11. Provide reports and all supporting

<p>4.5.11. Provide reports and all supporting materials, paper and electronic, to the Chair of the Convention Audit Committee within 45 days of the close of Convention.</p> <p>4.5.12. Work with the Budget, Finance and Delegate Support Committee to create a budget proposal for the following year.</p> <p style="padding-left: 40px;">4.5.12.1. Submit budget proposal to the Board for discussion at the June Board meeting</p> <p style="padding-left: 40px;">4.5.12.2. Submit revised budget proposal, with input from the Board incorporated, as appropriate and feasible, for inclusion in the Assembly notebook materials.</p> <p style="padding-left: 40px;">4.5.12.3. Solicit input from registered Representatives prior to and during Assembly.</p> <p style="padding-left: 40px;">4.5.12.4. Submit revised budget proposal, with input incorporated, as appropriate and feasible, to Assembly for approval.</p> <p>4.5.13. Review Budget and Finance policies annually.</p> <p>4.5.14. Provide members with expense and donation forms as requested.</p> <p>4.5.15. Act as Liaison to Committees and Intergroups, as assigned.</p>	<p>materials, paper and electronic, to the Chair of the Convention Audit Committee within 45 days of the close of Convention.</p> <p>4.5.12. Work with the Budget, Finance and Delegate Support Committee to create a budget proposal for the following year.</p> <p style="padding-left: 40px;">4.5.12.1. Submit budget proposal to the Board for discussion at the June Board meeting</p> <p style="padding-left: 40px;">4.5.12.2. Submit revised budget proposal, with input from the Board incorporated, as appropriate and feasible, for inclusion in the Assembly notebook materials.</p> <p style="padding-left: 40px;">4.5.12.3. Solicit input from registered Representatives prior to and during Assembly.</p> <p style="padding-left: 40px;">4.5.12.4. Submit revised budget proposal, with input incorporated, as appropriate and feasible, to Assembly for approval.</p> <p>4.5.13. Review Budget and Finance policies annually.</p> <p>4.5.14. Provide members with expense and donation forms as requested.</p> <p>4.5.15. Act as Liaison to Committees and Intergroups, as assigned.</p>
---	--

Proposed Substitute Motion

4.5.9 Submit financial ~~statements reports~~ prior to each Board meeting and Assembly to the board, the audit committee, and the budget & finance committee on a monthly basis, and ~~prior year-end and current year-to-date financial reports summaries~~ for inclusion in the Assembly ~~binder Notebook~~.

**SUBMITTED BY:** Avram R. and Dorothy C./Audit team

**INTENT:** 4.5.9.: To give the audit committee the opportunity to review finances monthly, to watch for errors or questionable items. 4.5.10: To shorten the time allowed for providing materials to General Audit Committee.

**IMPLEMENTATION:** Update the Convention manual and the Region 1 Policies and Procedures.

**COST:** none

## OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

### Motion P-3

Move to amend Policy 4. REGION ONE BOARD JOB DESCRIPTIONS SECTION 4.6 COMMUNICATIONS COORDINATOR by striking and inserting as follows:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p>Section 4 Region One Board Job Descriptions 4.6. COMMUNICATIONS COORDINATOR RESPONSIBILITIES:</p> <ul style="list-style-type: none"><li>4.6.1. Solicits, assembles, and edits material and maintains website.</li><li>4.6.2. Considers the current Region One policies and World Service guidelines in all publications.</li><li>4.6.3. Consults with the Region One Board as to content and information to be published and makes no major changes in format or content without approval of the Board.</li><li>4.6.4. Maintains a current backup of Region One digital assets, including the website, any shared file resources or databases, at least monthly.</li><li>4.6.5. Oversees user account and password security for Region One accounts.</li><li>4.6.6. Promotes Lifeline.</li></ul>	<p>Section 4 Region One Board Job Descriptions 4.6. <del>COMMUNICATIONS</del> <u>TECHNOLOGY</u> COORDINATOR RESPONSIBILITIES:</p> <ul style="list-style-type: none"><li>4.6.1. Solicits, assembles, <del>and</del> edits material, <del>and</del> maintains website <u>and maintains social media sites as appropriate.</u></li><li>4.6.2. Considers the current Region One policies and World Service guidelines in all publications.</li><li>4.6.3. Consults with the Region One Board as to content and information to be published and makes no major changes in format or content without approval of the Board.</li><li>4.6.4. Maintains a current backup of Region One digital assets, including the website, any shared file resources or databases, at least monthly.</li><li>4.6.5. Oversees user account and password security for Region One accounts.</li><li>4.6.6 Promotes Lifeline <u>appropriate WSO, OA and Regional communications (such as A Step Ahead, WSO Bulletins, Intergroup Newsletters, etc.)</u></li><li>4.6.7 <u>Is a resource for Intergroups and Service Bodies who request support for setting up and maintaining websites or social media outreach.</u></li></ul>

**SUBMITTED BY:**

Margie G.  
Communications Coordinator

**INTENT:**

To rename the position to Technology Coordinator and update duties to reflect a change in focus.

**IMPLEMENTATION:**

Make appropriate changes to the Region 1 Policies.

**COST:**

Time of the secretary to make the changes to the Bylaws.

**RATIONALE:**

To have the name of the position and description of duties more accurately reflect the role of this Board Member.

# OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

## Motion P-4

Move that Policy 5, BUDGET AND FINANCE, be amended by inserting and re-numbering, as follows:

CURRENT WORDING	PROPOSED WORDING
<p><b>5. BUDGET AND FINANCE</b></p> <p>5.1.FINANCE</p> <p>5.1.1.Region One shall operate its finances in an orderly and cost-effective manner.</p> <p>5.1.2.Region One funds will be accounted for in accordance with recognized financial accounting practices and in compliance with all laws.</p> <p>5.1.3.The Treasurer, the Chair and the Vice-Chair shall be authorized signers on Region One accounts.</p> <p>5.1.3.1. Board Members shall immediately surrender all assigned bank cards at the end of their term or upon their resignation.</p> <p>5.1.4.All funds shall be held in registered and insured financial institutions.</p> <p>5.1.5.All expenditures must be supported by related receipts.</p> <p>5.1.6.All accounts which involve Region funds shall be audited on an annual</p>	<p><b>5. BUDGET AND FINANCE</b></p> <p>5.1.FINANCE</p> <p>5.1.1.Region One shall operate its finances in an orderly and cost-effective manner.</p> <p>5.1.2.Region One funds will be accounted for in accordance with recognized financial accounting practices and in compliance with all laws.</p> <p>5.1.3.The Treasurer, the Chair and the Vice-Chair shall be authorized signers on Region One accounts. <u>One additional Board member may be an authorized signer if deemed necessary and approved by a majority vote of the Board.</u></p> <p>5.1.3.1. <u>Passwords for all accounts holding Region One funds shall be secured and shared with those authorized signers as specified in 5.1.3.</u></p> <p>5.1.3.2. Board Members shall immediately surrender all assigned bank cards at the end of their term or upon their resignation.</p> <p>5.1.4.All funds shall be held in registered and insured financial institutions.</p>

<p>basis. The Chair shall appoint an Audit Committee of at least three people whose duties shall be to audit all such accounts. The committee shall create a written audit report for the year, to be presented at the annual Region One Assembly.</p> <p>5.1.6.1. The Convention audit shall be completed within 90 (ninety) days of the close of Convention, and shall be included in the Assembly Notebook materials.</p> <p>5.1.6.2. All other audits shall be completed in time for inclusion in the Assembly Notebook materials.</p>	<p>5.1.5. All expenditures must be supported by related receipts.</p> <p>5.1.6. All accounts which involve Region funds shall be audited on an annual basis. The Chair shall appoint an Audit Committee of at least three people whose duties shall be to audit all such accounts. The committee shall create a written audit report for the year, to be presented at the annual Region One Assembly.</p> <p>5.1.6.1. The Convention audit shall be completed within 90 (ninety) days of the close of Convention, and shall be included in the Assembly Notebook materials.</p> <p>5.1.6.2. All other audits shall be completed in time for inclusion in the Assembly Notebook materials.</p>
--	---

**SUBMITTED BY:**

Marjorie T.,  
BFDS Team

**INTENT:**

To safeguard access to Region One accounts.

**IMPLEMENTATION:**

Update policy

**COST:**

None

**RATIONALE:**

It has from time to time been beneficial to have another Board member be a signer on the account. However, the situation is unusual and should be subject to a special vote of the Board. Passwords to accounts holding Region funds provide the same access as does signatory authority. Access to all Region

funds should be limited to Board members.

# OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

## Motion P-5

Move to amend Policy 5 - BUDGET AND FINANCE, by striking and inserting as follows:

CURRENT WORDING:	PROPOSED WORDING
<p><b>5.1. FINANCE</b></p> <p>5.1.1. Region One shall operate its finances in an orderly and cost-effective manner.</p> <p>5.1.2. Region One funds will be accounted for in accordance with recognized financial accounting practices and in compliance with all laws.</p> <p>5.1.3. The Treasurer, the Chair and the Vice-Chair shall be authorized signers on Region One accounts.</p> <p style="padding-left: 40px;">5.1.3.1. Board Members shall immediately surrender all assigned bank cards at the end of their term or upon their resignation.</p> <p>5.1.4. All funds shall be held in registered and insured financial institutions.</p> <p>5.1.5. All expenditures must be supported by related receipts.</p> <p>5.1.6. All accounts which involve Region funds shall be audited on an annual basis. The Chair shall appoint an Audit Committee of at least three people whose duties shall be to audit all such accounts. The committee shall create a written audit report for the year, to be presented at the annual Region One Assembly.</p> <p style="padding-left: 40px;">5.1.6.1. The Convention audit shall be completed within 90 (ninety) days of the close of Convention, and shall be included in the Assembly Notebook materials.</p> <p style="padding-left: 40px;">5.1.6.2. All other audits shall be completed in time for inclusion in the Assembly Notebook</p>	<p><b>5.1. FINANCE</b></p> <p>5.1.1. Region One shall operate its finances in an orderly and cost-effective manner.</p> <p>5.1.2. Region One funds will be accounted for in accordance with recognized financial accounting practices and in compliance with all laws.</p> <p>5.1.3. The Treasurer, the Chair and the Vice-Chair shall be authorized signers on Region One accounts.</p> <p style="padding-left: 40px;">5.1.3.1. Board Members shall immediately surrender all assigned bank cards at the end of their term or upon their resignation.</p> <p>5.1.4. All funds shall be held in registered and insured financial institutions.</p> <p>5.1.5. All expenditures must be supported by related receipts.</p> <p>5.1.6. All accounts which involve Region funds shall be audited on an annual basis. The Chair shall appoint an Audit Committee of at least three people whose duties shall be to audit all such accounts. The committee shall create a written audit report for the year. <u>The written report and the convention and general fund audit shall be included in the Assembly Notebook materials.</u></p> <p style="padding-left: 40px;">5.1.6.1. The Convention audit shall be completed within 90 (ninety) days of the close of Convention, <del>and shall be included in the Assembly Notebook materials.</del></p> <p style="padding-left: 40px;">5.1.6.2. <del>All other audits</del> <u>The general fund audit shall be completed in time for inclusion by April 30. and shall be included in the Assembly</u></p>



materials.	<del>Notebook materials.</del>
------------	--------------------------------

**SUBMITTED BY:** Avram R. and Dorothy C./Audit team

**INTENT:** To shorten the lag-time provided for audits to be completed.

**IMPLEMENTATION:** Update the Region One Convention Manual and Region 1 Assembly of Overeaters Anonymous Policies and Procedures document.

**COST:** None

**RATIONALE:** Audits need to be done on a timely basis. This helps accountability and reduces the possibility of information being lost, either by misplacing or forgetting. There is no need for an audit to take many months to complete. This amendment, plus the one for Policy 4.5., will shorten the timeframe to a still-reasonable 4 months. Concerns about expenses being submitted after closing-the-books are non-impacting, as they can easily be adjusted into the ledger after the audit.

## OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

### Motion P-6

Move to amend Policy 5. BUDGET AND FINANCE section 5.2 BUDGET by striking and inserting:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
Section 5. Budget and Finance - 5.2 Budget 5.2.7.3 The order of the officers will be the following: Chair, Vice Chair, Secretary, Treasurer, Communications Coordinator, and Member at Large.	Section 5. Budget and Finance - 5.2 Budget 5.2.7.3 The order of the officers will be the following: Chair, Vice Chair, Secretary, Treasurer, <del>Communications</del> <u>Technology</u> Coordinator, and Member at Large.

**SUBMITTED BY:**

Margie G.

**INTENT:**

To rename the position to Technology Coordinator and update duties to reflect a change in focus.

**IMPLEMENTATION:**

Make appropriate changes to the 2018 Region 1 Policies.

**COST:**

Time of the secretary to make the changes to the Policies.

**RATIONALE:**

To have the name of the position and description of duties more accurately reflect the role of this Board Member.

# OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

## Motion P-7

Move to amend Policy 5. BUDGET AND FINANCE, Section 5.4 REPRESENTATIVE AND DELEGATE SUPPORT by striking and inserting as follows:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p>5.4. REPRESENTATIVE AND DELEGATE SUPPORT</p> <p>5.4.1. Representative Support</p> <p>5.4.1.1. Region One may provide support funds to assist Intergroups that would not otherwise be represented at Region.</p> <p>5.4.1.2. Support for Representatives is awarded only to Intergroups registered for the Assembly and may only be used for expenses incurred for the Assembly by the Representative.</p> <p>5.4.1.3. Applications for Representative support must be received by the Region treasurer from the requesting Intergroups by July 15 prior to Assembly. The applications will be reviewed by the Budget, Finance and Delegate Support committee, which will make recommendations to the board about how to distribute the available Representative support funds. The board will confirm the recommendations by August 1. The Intergroups that applied will be notified of how much, if any, support has been approved by August 15. The Region One Board may waive the deadlines if needed.</p> <p>5.4.1.4. All individual support awards exceeding \$300 must be approved by the Region One Board</p> <p>5.4.1.5. Where multiple requests are received and funds allow, support for Assembly Representatives shall be awarded as follows:</p> <p>5.4.1.5.1. First: To new Intergroups or Intergroups that have never sent representatives to</p>	<p>5.4. REPRESENTATIVE AND DELEGATE SUPPORT</p> <p>5.4.1. Representative Support</p> <p>5.4.1.1. Region One may provide support funds to assist Intergroups that would not otherwise be <u>fully</u> represented at Region.</p> <p>5.4.1.2. Support for Representatives is awarded only to Intergroups registered for the Assembly and may only be used for expenses incurred for the Assembly by the Representative.</p> <p>5.4.1.3. Applications for Representative support must be received by the Region treasurer from the requesting Intergroups by July 15 prior to Assembly. The applications will be reviewed by the Budget, Finance and Delegate Support committee, which will make recommendations to the board about how to distribute the available Representative support funds. The board will confirm the recommendations by August 1. The Intergroups that applied will be notified of how much, if any, support has been approved by August 15. The Region One Board may waive the deadlines if needed.</p> <p><del>5.4.1.4. All individual support awards exceeding \$300 must be approved by the Region One Board</del></p> <p>5.4.1.5. Where multiple requests are received and funds allow, support for Assembly Representatives shall be awarded as follows:</p> <p>5.4.1.5.1. First: To new Intergroups or Intergroups that</p>

the Region One Assembly.  
5.4.1.5.2. Second: To Intergroups that have not sent representatives to the Region One Assembly in the last five years.  
5.4.1.5.3. Third: To Intergroups that have sent representatives to the Region One Assembly in the past five years.

5.4.2. WSBC Delegate Support

5.4.2.1. Region One may provide support funds to assist Intergroups that would not otherwise be represented at World Service Business Conference (WSBC).  
5.4.2.2. Support for Delegates to WSBC is awarded only to Intergroups registered for WSBC and may only be used for expenses incurred for WSBC by the Delegate.  
5.4.2.3. Applications for WSBC Delegate support must be received by the Region treasurer from the requesting Intergroups by one week prior to Assembly. The applications will be reviewed by the Budget, Finance and Delegate Support committee immediately after Assembly, and they will make recommendations to the board at the first board meeting after Assembly. The Intergroups that applied will be notified immediately. The Region One Board may waive the deadlines if needed.  
5.4.2.4. To determine the support to be awarded, the Region One Treasurer will inform the Budget, Finance and Delegate

have never sent representatives to the Region One Assembly.  
5.4.1.5.2. Second: To Intergroups that have not sent representatives to the Region One Assembly in the last five years.  
5.4.1.5.3. Third: To Intergroups that have sent representatives to the Region One Assembly in the past five years.  
5.4.1.4.4. Fourth: To Intergroups that would otherwise not be fully represented without financial assistance.

5.4.1.5. In the spirit of Seventh Tradition self-support, it is requested that – where feasible -- each applicant intergroup provide some portion of the representative expenses from their available treasury, and/or offer to conduct a fundraising event within their larger service body to help defray their Assembly representative expenses.

5.4.2. WSBC Delegate Support

5.4.2.1. Region One may provide support funds to assist Intergroups that would not otherwise be represented at World Service Business Conference (WSBC).  
5.4.2.2. Support for Delegates to WSBC is awarded only to Intergroups registered for WSBC and may only be used for expenses incurred for WSBC by the Delegate.  
5.4.2.3. Applications for WSBC Delegate support must be received by the Region treasurer from the requesting Intergroups by October 1 one week prior to Assembly. The applications will be reviewed by the Budget, Finance and Delegate Support committee before immediately after Assembly, and they will make recommendations to the board at the first board meeting after Assembly. The

Support committee of the fund's budget and add to that any specific donations.  
5.4.2.5. All individual support awards exceeding \$300 must be approved by the Region One Board.

5.4.2.6. Where multiple requests are received and funds allow, support for WSBC delegates shall be awarded as follows:

- 5.4.2.6.1. First: To new Intergroups or Intergroups that have never sent delegates to WSBC.
- 5.4.2.6.2. Second: To Intergroups that have not sent delegates to WSBC in the last five years.
- 5.4.2.6.3. Third: To Intergroups that have sent delegates to WSBC in the past five years.

Intergroups that applied will be notified immediately. The Region One Board may waive the deadlines if needed.

5.4.2.4. To determine the support to be awarded, the Region One Treasurer will inform the Budget, Finance and Delegate Support committee of the fund's budget and add to that any specific donations.

~~5.4.2.5. All individual support awards exceeding \$300 must be approved by the Region One Board.~~

5.4.2.5.6. Where multiple requests are received and funds allow, support for WSBC delegates shall be awarded as follows:

- 5.4.2.5.6.1. First: To new Intergroups or Intergroups that have never sent delegates to WSBC.
- 5.4.2.5.6.2. Second: To Intergroups that have not sent delegates to WSBC in the last five years.
- 5.4.2.5.6.3. Third: To Intergroups that have sent delegates to WSBC in the past five years.

5.4.2.6. In the spirit of Seventh Tradition self-support, it is requested that – where feasible -- each applicant intergroup provide some portion of the delegate expenses from their available treasury, and/or offer to conduct a fundraising event within their larger service body to help defray their Conference delegate expenses.

**SUBMITTED BY:**

Marjorie T.  
BFDS Team

**INTENT:**

To make it clear that Region One may also provide support funds to assist Intergroups that would not otherwise be fully represented at Region. To request that intergroups asking for Assembly support from

Region contribute at least some of their own expenses. To streamline the application process for delegate support. To request that intergroups asking for Delegate support from Region contribute at least some of their own expenses.

**IMPLEMENTATION:**

Insert line items on the support application form to indicate “additional representative” and “funds provided by intergroup”. These line items can be considered when determining the final amount of support provided by Region.

**COST:**

None

**RATIONALE:**

5.4.1.4. This policy creates a contradiction with 5.4.1.3. and does not reflect current practice. 5.4.2.5. creates the same contradiction with 5.4.2.3.

5.4.1.4.4. The last several years, Region has had ample funds to provide support to Intergroups to send representatives to Assembly. The first priority is Intergroups who have never sent a representative to Assembly. The second, to those that have not sent a representative in the last five years. The third, to those that have sent a representative in the past five years. This amendment would not change this order of priority. Any budgeted funds remaining could be used to assist medium-sized intergroups to send more than one representative to Assembly. This would strengthen Assembly and the Intergroup, which would have one more person experienced with service above the Intergroup level. Currently, a strict reading of the policy would prohibit such support.

5.4.1.5. Over the years, the BFDS team has received several applications for support where the intergroup has not indicated the amount of support they are willing to provide for their representative to attend Assembly. While Region welcomes as many Representatives to Assembly as we can manage, the tradition of Self-Support is an important one. Even a small amount expresses the willingness to be self-supporting where possible. This wording is taken directly from World Service policy.

5.4.2.3. In order to streamline applications for delegate support, World Service has created an October 1 deadline for Region to receive applications for support from both service bodies. This change to Region policy will accommodate the modified application process. In addition, by allowing more time for the BFDS team to review the applications prior to Assembly, a more deliberate consideration can be achieved; final determinations will depend upon the budget approved at that Assembly.

5.4.2.6. Over the years, the BFDS team has received several applications for support where the intergroup has not indicated the amount of support they are willing to provide for their delegate to attend Conference. While we would like to encourage as many delegates to WSBC as possible, the tradition of Self-Support is an important one. Even a small amount expresses the willingness to be self-supporting where possible. This wording is taken directly from World Service policy.

# OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

## Motion P-8

Move to amend Policy 5. 5.3. PUBLIC INFORMATION/PROFESSIONAL OUTREACH GRANTS by inserting the following:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
5.5.PUBLIC INFORMATION/PROFESSIONAL OUTREACH GRANTS	5.5.PUBLIC INFORMATION/PROFESSIONAL OUTREACH GRANTS
5.5.3. Proposals shall be in accordance with the Twelve Steps and Twelve Traditions.	5.5.3. Proposals shall be in accordance with the Twelve Steps and Twelve Traditions <u>of Overeaters Anonymous</u> .

**SUBMITTED BY:**

Rosanne K.  
Bylaws team

**INTENT:**

To clarify that this policy references the Twelve Steps and Twelve Traditions of Overeaters Anonymous vs. those of another Twelve Step program.

**IMPLEMENTATION:**

The change would be Included in the new revision of the Region One Policies and Procedures following the annual Assembly.

**COST:**

None

**RATIONALE:**

It is important to clarify that Region One policies are guided specifically by the Twelve Steps and Twelve Traditions of Overeaters Anonymous as listed in the Bylaws of Overeaters Anonymous, Subpart B, Article I TWELVE STEPS and Article II TWELVE TRADITIONS.

## OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

### Motion P-9

Move to amend Policy 5. BUDGET AND FINANCE, SECTION 5.6 REIMBURSEMENT by striking and inserting as follows:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p>5.6.REIMBURSEMENT:</p> <p>5.6.1.Reimbursement forms accompanied by related receipts shall be submitted to the Treasurer, except that the Treasurer shall submit their own reimbursement requests to the Chair. The Treasurer shall approve reimbursements and issue checks according to the following guidelines:</p> <p>5.6.1.1. Board members and Committees shall be reimbursed for their reasonable expenses in performing their designated duties. Board members and Committees shall attempt to use the most cost effective means of performing their duties.</p> <p>5.6.1.2. Board members: travel shall be reimbursed at:</p> <p>5.6.1.2.1. actual cost; or</p> <p>5.6.1.2.2. the IRS charitable volunteer mileage reimbursement rate.</p> <p>5.6.1.3. Lodging shall be reimbursed at double occupancy, unless reasonable circumstances deem otherwise. If rooms are shared with persons not eligible for reimbursement, Region One will reimburse only the Board member’s share of the lodging.</p> <p>5.6.1.4. Up to five nights lodging shall be reimbursed for Assembly/Convention for all current Board members. Newly elected Board members are not</p>	<p>5.6.REIMBURSEMENT:</p> <p>5.6.1.Reimbursement forms accompanied by related receipts shall be submitted to the Treasurer, except that the Treasurer shall submit their own reimbursement requests to the Chair. The Treasurer shall approve reimbursements and issue checks according to the following guidelines:</p> <p>5.6.1.1. Board members and Committees shall be reimbursed for their reasonable expenses in performing their designated duties. Board members and Committees shall attempt to use the most cost effective means of performing their duties.</p> <p>5.6.1.2. Board members: travel shall be reimbursed at:</p> <p>5.6.1.2.1. actual cost; or</p> <p>5.6.1.2.2. the IRS charitable volunteer mileage reimbursement rate.</p> <p>5.6.1.3. Lodging shall be reimbursed at double occupancy, unless reasonable circumstances deem otherwise. If rooms are shared with persons not eligible for reimbursement, Region One will reimburse only the Board member’s share of the lodging.</p> <p>5.6.1.4. Up to five nights lodging shall be reimbursed for Assembly/Convention for all current Board members. <del>Newly elected Board members are not</del></p>



<p>reimbursed. The Chair, or his/her designee, may be reimbursed for an additional night of lodging at single occupancy if deemed necessary by the Board.</p>	<p><del>reimbursed.</del> <u>Newly elected Board members may apply for reimbursement if not already funded by another service body.</u> The Chair, or his/her designee, may be reimbursed for an additional night of lodging at single occupancy if deemed necessary by the Board.</p> <p><u>5.6.2. Board nominees who are not current Region 1 representatives may request funding to attend Assembly as follows:</u></p> <p><u>5.6.2.1. Applicant is not presently funded by another service body</u></p> <p><u>5.6.2.2. Applicant does service at Assembly as assigned by the Region 1 Board and policy manual</u></p> <p><u>5.6.2.3. Region 1 will pay for half the daily room rate based on double occupancy, and the cost of Assembly registration.</u></p> <p><u>Transportation and meals will be compensated on a receipted basis by the Treasurer</u></p> <p><u>5.6.2.4. Deadline for application for funding is sixty (60) days prior to Assembly.</u></p>
---	--

**SUBMITTED BY:**

Faye D., Bylaws Project team

**INTENT:**

To provide funding for Board position nominees to cover their travel expenses to Assembly if they are not already funded by their service bodies.

**IMPLEMENTATION:**

Nominee will submit an application for funds to the BFDS team (Budget, Finance & Delegate Support) prior to Assembly.

**COST:**

Convention room rate (double occupancy) x two nights, Assembly registration, and receipted transportation and meal expenses.

**RATIONALE:**

If a nominee is not already serving as a representative to Assembly and funded by his/her service body, Region 1 should make funds available to cover the nominee's travel and lodging expenses.

# OCTOBER 2019 PROPOSED MOTION TO REGION ONE ASSEMBLY

## Motion P-10

Move to amend Policy 7 REGION ONE REPRESENTATIVES by striking and inserting the following:

<b>CURRENT WORDING</b>	<b>PROPOSED WORDING</b>
<p><b>7. REGION ONE REPRESENTATIVES</b></p> <p>7.1. Each Intergroup shall complete and submit the "Eligibility for Assembly" form and send it to the Region One Secretary at least forty-five (45) days prior to the Assembly, indicating each Representatives' committee assignment preferences from the list of committees in the Region One Committee Job Descriptions (available on the Region One website).</p> <p>7.2. During the Assembly, Representatives shall:</p> <ul style="list-style-type: none"><li>7.2.1. Attend all business sessions, arriving on time, as required for voting.</li><li>7.2.2. Participate in meetings of their assigned committee, creating an agenda and setting goals for the coming year.</li><li>7.2.3. Complete the Assembly evaluation form included in the Assembly notebook.</li></ul> <p>7.3. After Assembly, Representative shall:</p> <ul style="list-style-type: none"><li>7.3.1. Report on the Assembly proceedings orally and/or in writing to the</li></ul>	<p><b>7. REGION ONE REPRESENTATIVES</b></p> <p><del>7.1. Each Intergroup shall complete and submit the "Eligibility for Assembly" form and send it to the Region One Secretary at least forty-five (45) days prior to the Assembly, indicating each Representatives' committee assignment preferences from the list of committees in the Region One Committee Job Descriptions (available on the Region One website).</del> <u>Each Representative shall complete the online Assembly registration form at least forty-five (45) days prior to Assembly and affirm election by his or her service body. The Region One Board may waive this deadline if deemed necessary.</u></p> <p><u>The Representative will indicate Committee assignment preferences by completing a survey provided electronically prior to Assembly.</u></p> <p>7.2. During the Assembly, Representatives shall:</p> <ul style="list-style-type: none"><li>7.2.1. Attend all business sessions, arriving on time, as required for voting.</li><li>7.2.2. Participate in meetings of their assigned committee, creating an agenda and setting goals for the coming year.</li><li>7.2.3. Complete the Assembly evaluation form included in the Assembly notebook.</li></ul> <p>7.3. After Assembly, Representative shall:</p> <ul style="list-style-type: none"><li>7.3.1. Report on the Assembly proceedings orally and/or in writing to the Intergroup and to individual groups whenever possible, encouraging others to become</li></ul>

<p>Intergroup and to individual groups whenever possible, encouraging others to become involved in Region One service.</p> <p>7.3.2. Keep in contact with their assigned committee, fulfilling the agreed-upon committee assignments for the year.</p> <p>7.4. As time allows, Representative shall:</p> <p>7.4.1. Write articles for their Intergroup or Region One publications and Lifeline magazine.</p> <p>7.4.2. Lead workshops, as arranged by the Intergroup or Region One.</p> <p>7.4.3. Provide assistance to the Board as may be requested from time to time.</p>	<p>involved in Region One service.</p> <p>7.3.2. Keep in contact with their assigned committee, fulfilling the agreed-upon committee assignments for the year.</p> <p>7.4. As time allows, Representative shall:</p> <p>7.4.1. Write articles for their Intergroup or Region One publications <del>and Lifeline magazine</del>.</p> <p>7.4. As time allows, Representatives <del>shall</del> <b>are encouraged to:</b></p> <p>7.4.1. Write articles for their Intergroup or Region One publications <del>and Lifeline magazine</del> <u>World Service publications</u>.</p> <p>7.4.2. Lead workshops, as arranged by the Intergroup or Region One.</p> <p>7.4.3. Provide assistance to the Board as may be requested from time to time.</p>
--	---

**SUBMITTED BY:**

Cindy C., Bylaws Project Team

**INTENT:**

To update Region One Policies and Procedures to reflect current practices.

**IMPLEMENTATION:**

Region One Policies and Procedures will be updated by the secretary.

**COST:**

None.

**RATIONALE:**

Region One currently handles registration, statement of eligibility and committee preference through its online registration tool. WSO will discontinue publication of Lifeline magazine in December, 2020.

# OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

## Motion P-11

Move to amend Policy 8.3. (Convention) REGISTRATION, 8.3.1. FEES by striking and inserting as follows:

CURRENT WORDING:	PROPOSED WORDING
<p>8.3.1. Fees</p> <p>8.3.1.1. The annual Region One Convention and Spring Event will have a set registration fee. All OA members attending are expected to pay the set registration fee.</p> <p>8.3.1.2. Reduced registration fees may be offered for seniors 65 and over and those under the age of 18. Newcomers and members' guests shall pay no registration fees.</p> <p>8.3.1.3. Any member who wishes to attend and, because of personal financial crisis absolutely cannot pay the full fee, must go through the Vice Chair or designated members of the Convention committee to seek admittance to topic, marathons, and speaker sessions. It is suggested they make a donation.</p>	<p>8.3.1. Fees <u>and Scholarships</u></p> <p>8.3.1.1. The annual Region One Convention <del>and Spring Event</del> will have a set registration fee. All OA members attending are expected to pay the set registration fee.</p> <p>8.3.1.2. <del>Reduced registration fees may be offered for seniors 65 and over and those under the age of 18.</del> <u>Newcomers, defined as any OA member who joined OA after the end of the previous Region One Convention, and members' non-member guests shall pay no registration fees.</u></p> <p>8.3.1.3. Any member who wishes to attend and, because of <del>personal finances</del> <u>financial crisis</u> <del>absolutely</del> cannot pay the full fee, must go through the Vice Chair or designated members of the Convention committee to seek <u>a partial registration scholarship or a fee reduction</u> for admittance to <u>topics, workshops, and speaker sessions</u> . <del>It is suggested they make a donation.</del></p> <p><u>8.3.1.3.1. Registration scholarships in the amount of half of the set registration fee will be awarded as scholarship funds are available. Scholarships are awarded directly by the Convention Committee. The Convention Committee will encourage all OA Members to make a donation to the scholarship fund.</u></p> <p><u>8.3.1.3.2. In the event that no scholarship funds are available and cannot be raised, the Vice Chair may approve a registration fee reduction to ensure that no OA member is turned away from attending the topics, workshops ,or speaker sessions because of lack of funds.</u></p> <p><del>8.3.1.4. Price variations on registration forms must be approved and initialed in writing by two</del></p>

<p>8.3.1.4. Price variations on registration forms must be approved and initialed in writing by two Convention Committee members or the Vice Chair.</p>	<p><del>Convention Committee members or the Vice Chair.</del></p> <p><u>8.3.1.4. Records of all scholarships and reduced fees are to be kept as part of registration tracking.</u></p>
---	--

SUBMITTED BY: Bylaws Committee

INTENT: Streamline and simplify the registration process to avoid delays in granting available scholarships.

IMPLEMENTATION: Update the Convention manual and the Region 1 Policies and Procedures.

COST: none

RATIONALE: 8.3.1.1 corrects the policy to reflect the reality that there is no Spring Event  
 8.3.1.2 removes seniors and youth, which fit in the next section. Keeps newcomers and guests. Defines “newcomer” and clarifies what a “guest” is.  
 8.3.1.3. is amended to reflect the different ways scholarships and fee reductions are handled in reality, namely by computer and not on paper, and to clarify whose duties are whose regarding scholarships and fee reductions.

# OCTOBER 2019 MOTION TO REGION ONE ASSEMBLY

## WS-1 Emergency New Business Motion

The following motion is proposed to the Region One Assembly, but does not automatically change the Bylaws of Overeaters Anonymous. The Region One Assembly will debate and vote on whether or not to submit this motion (or an amended version of this motion) as a proposal to WSBC 2020.

**Motion WS-1: Move TO AMEND:** Article IX Board of Trustees, section 4 Qualifications, of the Over-eaters Anonymous Bylaws by striking and inserting as follows:

<u>CURRENT WORDING</u>	<u>PROPOSED WORDING</u>
Article IX Board of Trustees Section 4 Qualifications	Article IX Board of Trustees Section 4 Qualifications
4d) In addition, regional trustees: 1) Are to physically reside in the region represented no less than the six months immediately prior to election. 2) Elected regional trustees will maintain physical residency in the regions represented for two-thirds of each year of their terms,	4d) In addition, regional trustees: 1) Are to <del>physically reside</del> <u>be a permanent resident of the region represented. in the region represent-ed</u> no less than the six months immediately prior to election. 2) <del>Elected regional trustees will maintain physical residency in the regions represented for</del>

**SUBMITTED BY:** Jan E., Delegate, Region 1. #09901

**INTENT:** This replaces a time-based requirement for residency with a simple requirement for residency for region trustees.

**IMPLEMENTATION:** Update the region trustee application and the bylaws.

**COST:** No cost.

**PRIMARY PURPOSE:** This allows "snow birds" and "rain birds," who are otherwise qualified, to represent Regions where this is a common practice. This expands the pool of persons able to step up to this service.

**RATIONALE:** This simplifies the requirements for qualification of Regional Trustees by making residency requirements consistent and reasonable. More and more we are able to work as a

group virtually- without actually being in the same room. Some Regions are allowing representatives to attend Assemblies and vote virtually. Many Region Boards conduct their business and meetings virtually. Thus the physical presence of a Trustee within the Regional boundaries is less necessary. Therefore it makes sense to allow a Regional Trustee to be out of the Region and yet not be out of touch.

This motion will not be needed if the Board of Trustees Restructuring Plan passes, and will be withdrawn in that case.