

# 45th Annual Region One Assembly Minutes

October 24-25, 2020

*Via Zoom, United States*

**Board Members present:** Cindy C., Acting Region One Chair; Beverly M., Acting Region One Technology Coordinator; Avi R., Region One Treasurer; Alice W., Acting Region One Secretary; Nadine D., Region One Member-at-Large, and Margie G., Region One Trustee

**Parliamentarian:** Karen B.

## **Representatives present by Intergroup (IG):**

- Anchorage IG: Katy H.
- Big Sky IG: Debbie H.
- Bitterroot IG: Meagan W., James G.
- Catch the Wave IG: Paula Z.
- Central Oregon IG: Joan M.
- Eagle Cap IG: Barbara S.
- Emerald Empire IG: Sharon B.
- Greater Seattle IG: Katherine N., Jenny H., Phyllis R.
- Lake Country IG: Deb P., Kim C.
- North Cascade IG: Marjorie T., Allen T.
- Northern Lights IG: Dawn M.
- Oregon IG: Liz S., Jan E.,
- Peninsula IG: Rebecca T.
- Pierce County IG: Jill L.
- Regina IG: Vivian R.
- Sea to Sky IG: Faye D.
- Snake River IG: Gina G., Leila L.
- Southeast Alaska IG: Cassie J.
- Southern Alberta IG: Donna M., Judy A.
- South Sound IG: Kathleen H.
- Vancouver Island IG: Lorri B., Rita P.

## **Intergroups not Present:**

- Alaska IG
- Greater Columbia IG
- Jefferson State IG
- Southern BC Interior IG

**Visitors Present:** Due to the nature of Zoom, we had various visitors in and out of the meeting. In all, we had 34 visitors registered to attend. Please see We Care List for a list of visitors.

**Tech Support:** Pat C., Mikki M., Dorothy C, Phyllis H., Oregon IG

# Saturday, October 24, 2020

## Prior to opening:

Tech support was on the zoom call to help attendees rename themselves according to the naming protocol. At 12:45pm, the Member at Large lead the group in verifying our voting procedure and a fun ice breaker.

## Opening

Chair opened the 2020 Region One Assembly promptly at 1:00 PM with the Serenity Prayer, and a welcome message. The following items were read: The Twelve Steps (James G., Bitterroot IG), The Twelve Traditions (Dawn M., Northern Lights IG), The Twelve Concepts (Liz S, Oregon IG).

Chair reviewed how and why we are holding a virtual Assembly, including Oregon state law, Region One Bylaws and Robert's Rules of Order. Chair reminded everyone that a virtual Assembly is a new experience for everyone and to accept issues with humor and gentleness.

Chair covered housekeeping items related to virtual conferencing. Chair announced that in absence of a Vice-Chair, the Treasurer was appointed as timer for the Assembly.

## Welcome and Introductions

Chair acknowledged everyone in attendance and asked each Board Member to introduce themselves. Karen B. was introduced as Parliamentarian.

An overview was given of the Assembly agenda and the focus of Assembly 2020, which is Life on Life's Terms: Connecting to Recovery in a Changing World.

## Appointments

Chair made several appointments:

Minutes Review and Approval Team: Judy A. from Southern Alberta Intergroup and Cassie J. from Southeast Alaska Intergroup

Assembly Reference Committee: Alice W. from the Region One Board, Faye D. from Sea to Sky Intergroup, and Allen T. from North Cascades Intergroup

Chair called for two Delegates to WSBC 2021 who are willing to serve on the WSBC 2021 Reference Subcommittee. Those interested were asked to email request to the Region One Secretary (Secretary@oaregion1.org) by November 30, 2020.

Chair called for two representatives to serve on the WSBC 2021 Appeals Committee. Anyone can serve. Those interested were asked to email request to the Region One Secretary (Secretary@oaregion1.org) by November 30, 2020.

Chair covered procedures for elections and qualifications for candidates. Chair announced the open Board positions (Chair: for remaining year of a two-year term, and Vice-Chair, Secretary, Technology Coordinator for two-year terms).

## Credentials Report

The Region One Secretary presented the Credentials Report:

Voting Board Members: 5  
Region Representatives: 28  
Total Voting Members: 33  
Trustee: 1  
Parliamentarian: 1  
Visitors: 20  
Total Number in Attendance: 55

## Adoption of Agenda

There was a brief review of the updated Agenda posted on the Region One website. Call for any corrections or changes. None were offered. The agenda was adopted by majority vote.

## Standing Rules (1:26pm)

The Standing Rules were discussed. Clarification was given for procedure to adopt motions. Call for any corrections or amendments. None were offered. A two-thirds vote was required for adoption. The standing rules were adopted as submitted.

## Overview of the Assembly Binder (1:31pm)

Two members of the Assembly Binder Team, Sara H. (Visitor, Peninsula Intergroup) and Jan E. (Oregon Intergroup) provided an overview of the resources available in the Assembly Binder and stated that the binder was dedicated to all who were affected by the events of 2020.

## Workshop: Sharing Solutions(1:40pm)

The Acting Technology Coordinator facilitated a session on sharing recovery solutions around the topics identified in the annual Intergroup Chair reports submitted for the Assembly Binder. Topics and the use of breakout rooms was explained. Five groups were formed. Two rounds were held with ideas shared on chat. See Addendum A for session topics. Solutions will be posted on the Region 1 website.

## Break: (2:35pm to 2:50pm)

Chair called for session to take a fifteen minute break.

## Reconvene Meeting

Chair called session to order at 2:51pm.

Chair reviewed motion process, including the duties and process of a Reference Committee.

No motions were currently referred to Reference for consideration.

## Consent Agenda (2:51pm)

Chair explained and presented the Consent Agenda, which included New Business Motions P-1, P-2 and WS-1. Chair called for any objections. Hearing none, a vote was taken. Adoption of the Consent Agenda requires a two-thirds vote in the affirmative. Consent Agenda was adopted as presented.

## Review of Remaining Motions (3:01pm)

Chair introduced remaining motions BL-1 and BL-2, and called for any amendments. No amendments were offered at this time. Chair clarified that amendments can be offered during motion discussion, which is on day two of the Assembly.

Chair dismissed the Reference Committee and thanked them for their service.

## Reports

### Board Reports

Chair announced the Board reports in the Assembly Binder. In the interest of time, the Chair asked that any questions be emailed to the authors of the reports.

### Project Team Reports

Chair announced the Project Team reports in the Assembly Binder. In the interest of time, the Chair asked that any questions be emailed to the Region One Secretary as a single contact for all Project Teams.

### Intergroup Reports

Chair announced the Intergroup reports in the Assembly Binder. In the interest of time, the Chair asked that any questions be emailed to the Intergroup Chairs.

## 2019 Budget vs Actuals (3:04pm)

The Treasurer was available to answer questions regarding the actuals in the 2019 budget that had exceeded the amount budgeted by greater than or equal to 10%.

Chair called for questions. Questions were raised and line items clarified.

Chair invited Beverly M. to explain budget overages for Board travel. The Treasurer at the time was from Alaska and airfare was suggested as the reason for the overage.

A question was raised about the process the board uses to approve overages and keep spending in check, and whether it was being followed. Chair explained that the board reviews the budget monthly.

The 2019 budget overage expenditures were ratified by majority vote.

## Procedure for Debate

The Parliamentarian explained zoom procedure for pro/con speakers.

## 2020 Budget Proposal

The Assembly considered the adoption of the 2021 budget as amended after feedback from two previous Q&A sessions. The Treasurer walked through the budget in sections stating that it is a conservative budget for Convention based on 170 attendees. The treasurer answered questions regarding journal sales.

A question was raised about which version of the budget we were voting on. Chair clarified that Assembly was voting on the most recent version of the budget, which was sent to all registered attendees on August 23, 2020. Pros and Cons were heard.

During ten minutes of questions, the revised line items in the budget were identified: Line 12 was reduced to \$1300 (removed extra journal printing) and Line 34 was increased to \$3850 (added funds from extra journal printing here).

A question was raised and answered about how 7<sup>th</sup> tradition money is allocated on the budget.

A question was asked about whether the current Covid climate was considered when determining budget numbers. Treasurer responded that contributions remain strong.

A question was asked about Line items 34 and 39 since the titles are very similar. The Treasurer explained the difference and will change the titles to avoid further confusion.

After the question period expired, the Chair called for a vote to adopt 2020/2021 Region One budget version sent via email on August 23, 2020. Budget was adopted by majority vote.

The approved budget will be posted to oaregion1.org under the *Documents* tab.

### Nominations from the floor (3:45pm)

Chair reintroduced Board positions open for election and called for nominations from the floor for each open Board position. No nominations were offered.

### Traditions Tango (3:46pm)

Chair asked the Member at Large to present various scenarios about OA traditions. After each scenario was read, Representatives were asked to decide if a tradition had been broken, and if so, identify the specific tradition. Using a Wizard of Oz theme, each situation was based on situations witnessed in OA. Fun was had by all! See Addendum B for the scenario scripts.

### Review of Sunday Agenda

Chair requested that everyone plan to be online by 12:45pm for the Sunday session. Chair reviewed the agenda for Sunday, reminding Representatives to review the Board nominee applications and to return promptly after the break for elections.

Chair adjourned session at 3:57pm until 1pm on Sunday and closed with the Responsibility Pledge: Always to extend the hand and heart of OA to all who share my compulsion; for this I am responsible.

## Sunday Afternoon Session

Prior to session start:

12:30pm Assembly virtual conference room opens

12:45pm All join, settle in

### Call to Order

The second session of the Region One Assembly was called to order at 1:00pm, followed by the Serenity Prayer.

### Open, Welcome, Housekeeping

Chair asked the Region One Trustee to read "How to be an effective trusted servant" and share a personal experience as a trusted servant.

Chair reviewed voting procedures to clarify when visitors can ask general questions via chat. The Tech Host will pass questions on to the Chair.

### Credentials Report (1:11 pm)

The Region One Secretary presented the Credentials Report:

Voting Board Members: 5

Region Representatives: 31

Total Voting Members: 36

Region One Trustee: 1

Parliamentarian: 1

Guests: 17

Total Number in Attendance: 55

### Nominee Speeches (1:12pm)

The Chair, who is a nominee, and with Secretary also being a nominee, turned the meeting over to the Member at Large as Chair Pro Tem for the election process. The Member at Large asked the Treasurer to be the timer.

The nominees for four Board positions (Chair, Vice-Chair, Technology Coordinator, and Secretary) spoke for three minutes each and answered questions for five minutes.

The Member at Large turned the meeting back over to the Chair.

### Workshop: Life on Life's Terms: Connecting to Recovery in a Changing World (2:00pm)

The second of two workshops was facilitated by the Chair. A guest speaker, the Region 6 Trustee and Board of Trustees liaison to the Region Chairs Committee, shared her experience, strength, and hope for twenty minutes on the topic. The group spent ten minutes writing on the prompt: "If I could tell you one thing I've done to bolster my recovery in 2020, it is this..." The floor was opened for fifteen minutes for two minute shares.

### 7th Tradition (2:55pm)

Chair explained that a personal 7<sup>th</sup> tradition is typically collected at Assembly from individual attendees. The Treasurer posted a link to the Region One website donation page for all who wished to make an Assembly 7<sup>th</sup> Tradition donation. The amount of 7<sup>th</sup> Tradition collected during Assembly will be announced after the close of Assembly.

Chair paused the session for a fifteen minute break.

### Session Resumes

The session resumed at 3:05 PM.

### Elections (3:10pm)

Chair turned the session over to the Member at Large. Voting for all open positions was conducted using a single online ballot poll. The Tech Support host and the Member at Large served as tellers. During the voting, a Representative said she had made a mistake on her ballot. Since this was the first time Assembly had used the polling ballot, the Member at Large instructed the Tech Host to withdraw the poll and reissue it. The Assembly was given a two minute stretch break to allow time to tally the votes.

### Election results

The following board members were elected:

Chair: Cindy C. was elected for a one-year partial term

Vice-Chair: Alice W. was elected to a two-year term

Secretary: Lesley K. was elected to a two-year term

Technology Coordinator: Beverly M. was elected to a two-year term

The Member at Large turned control of the meeting back to the Chair.

### Review of Procedure For Debate (3:23 PM)

The Parliamentarian described the debate procedure.

### Business Motions (3:25pm)

Bylaws motions were debated and voted upon.

The following Motions were addressed during this session. See Addendum C for a complete text of the motions, as adopted.

## Motion BL-1

Proposal to amend Bylaw Article V Section 1 to add two members to the Region One Board was presented. Beverly introduced the motion and offered an amendment. The amendment was ruled out of scope by the Parliamentarian. The amendment was withdrawn. Beverly spoke pro to the motion.

Chair explained caucusing in the event that more than three pros or cons were offered, and then asked for pros and cons to the motion. Three additional pros and four cons were recognized. Tech Support provided two breakout rooms to caucus for two minutes. Pros and Cons were heard.

With help from the Parliamentarian, an Amendment was offered removing the second Member at Large position. Three minutes were allowed for questions. Amendment was adopted.

The Chair asked to extend the Assembly to complete the voting on BL-1. Assembly time was extended.

The amended motion was presented to Assembly. The Parliamentarian advised hearing one pro and one con. After three minutes for questions, the motion was adopted with a two-thirds vote.

## Motion BL-2

Proposal to amend Bylaw Article V Section 6 to clarify how a Chair vacancy is filled for an unexpired term was not considered as the Assembly ran out of time. The Chair advised that the Bylaws Project team can bring the motion forward at the 2021 Region One Assembly.

## New Representative Appreciation (4:15pm)

The Chair thanked everyone for their patience and participation, recognizing those who were attending for the first time. All unmuted to offer a round of applause.

The Chair described the Project Team meetings and breakout rooms that were immediately following Assembly. The Chair reminded Assembly to register for Region One Convention.

Tech Support explained how to enter the Project Team breakout rooms.

## Assembly Adjournment

Chair asked the Treasurer to read Voices of Recovery for November 23<sup>rd</sup>.

Assembly Adjourned at 4:21pm with the Founder's Pledge, led by the Region One Trustee.

## Project Team Meetings

Project teams were introduced, along with a review of the Assembly Notebook resources. The 2019-2020 Project teams are as follows:

- Assembly Notebook
- Audit
- Budget, Finance and Delegate Support
- Bylaws
- Nurturing Newcomers and Newcomer Retention
- Outreach: Carrying the Message/Public Information Public Outreach (PIPO)

- Sponsorship (including Virtual Sponsorship)
- Strong Recovery and Member Retention

Following the end of Assembly, each project team met to introduce themselves, choose officers, and schedule their first planning meeting.

Respectfully Submitted By:

Alice W.,  
Acting Region One Secretary  
October 25, 2020



## Addendum A

### **Workshop: Sharing Solutions – We’d like to Hear from Other Intergroups About...**

The Assembly was divided into breakout rooms to discuss the following topics. The group spent ten minutes discussing each topic. A list of generated ideas was distributed separately.

#### **Outreach and Member Retention**

1. How can we attract newcomers to our meetings during Covid-19?
2. What 12th Step Within efforts are most needed and helpful during Covid-19?

#### **Events**

1. What is the best online OA event you’ve attended this year? What made it so good?
2. What is your experience hosting or attending workshops on Zoom? What worked? What didn’t?

#### **Sponsorship and Service**

1. How can we encourage and support sponsorship? Are needs and opportunities different during Covid-19?
2. How can we encourage and support service, including rotation of service, at all levels of OA? Are needs and opportunities different during Covid-19?

#### **Online Meetings**

1. What makes for a great Zoom OA meeting?
2. What works for encouraging and collecting 7th Tradition during Covid-19?
3. How can we get virtual meeting info online without giving out passwords?

How do you handle “Zoom etiquette” issues during your meetings?

## Addendum B

### Workshop: Traditions Tango Scenarios

- 1. The scene:** Dorothy runs into Toto at the grocery store. They know each other from the Monday noon OA meeting. They are chatting. The wicked witch walks up and greets her friend Dorothy. “Hi Dorothy. Who is this little dog?? How do you two know each other??” Dorothy replies: This is Toto and we know each other from OA - Overeaters Anonymous.”  
Tradition: 12, 1
- 2. The scene:** The day after an Intergroup meeting:  
Cowardly Lion Sponsor: “I see how you voted last night at Intergroup. You were in favor of sending that motion to World Service Business Conference. I voted against it.”  
Scarecrow Sponsee: “Yes. The group conscience was to send it on for consideration. We’ll see if it makes it on the WSBC agenda.”  
Cowardly Lion Sponsor: “Well I don’t see how I can sponsor you anymore if you and I don’t see things the same way. I am going to have to let you go.”.....  
Tradition: 2, 1
- 3. The scene:** Special Focus 100 pounder meeting:  
Tin Man to Munchkin: “Why are you at this meeting? This meeting is for people with 100 pounds or more to lose. You look so small!!”  
Munchkin: “I really needed a meeting today and I thought all OA meetings were open to all OA members.”  
Tradition: 3
- 4. The scene:** A local OA meeting at 10:30 AM (The group conscience of this meeting does not allow food) A relatively new member, Winkee, rushes in to the meeting, late, sits down and proceeds to stuff a donut into her mouth. “Oh oh um...Sorry mumble crumble,..I’m late. Did I miss much?”  
Tradition: 2, 4
- 5. The scene:** Local Intergroup Meeting  
Wicked Witch of the East: “I heard that the Friday meeting only reads the tradition of the month not all the Traditions at every meeting? Doesn’t that mean they are not an OA meeting? Whoa, was that a house that just flew overhead???”  
Tradition: 4
- 6. The scene:** local OA meeting’s Business meeting (group conscience) at Cyclone Church of the Big Wind  
Glenda: “I asked at the church office and they are fine with us putting up a poster on the Church Bulletin Board about our meeting here. That way the folks coming here to Church and coming in for the Food Bank will know OA is here.”  
Wiz: “Just hold on there for a minute. I don’t want my anonymity compromised. Why should we put up a notice and have folks know that’s why we are here?”  
Tradition: 5

7. **The scene:** A local OA meeting:

Scarecrow: I have some flyers here for a lecture on my Spiritual practice of worshipping the Crows. I will give them out after the meeting.”

Tradition: 6

8. **The scene:** a local Intergroup meeting:

Dorothy: “The Cyclone Church has been very good to us here. I know we pay our meeting room rent but they are having a fund drive for homeless windblown puppies. I thought we could donate some of our 7th Tradition for that worthy cause.”

Tradition: 7, 6, 10

9. **The scene:** Two members are talking after an OA meeting.

Cowardly Lion sponsee cringing and crying. “and then my sponsor, Wicked Witch of the West said: “Now my pretty, I am telling you that you are not abstinent if you continue to take the medication that your doctor has prescribed. She said “Didn’t I tell you not to go to any other OA meetings but the one I go to? You must listen to me my pretty I am your sponsor!” What should I do?

Tin Man: Oh Dear heart.....

Tradition: 8, 6, 10

10. **The scene:** Two OA friends are talking on the telephone:

Wizard: Glinda, Glinda guess what?!

Glinda: What WIZ?

WIZ: I won the lottery! I’m rolling in the green!

Glinda: That’s wonderful, Wiz.

Wiz: Yeah. I love OA so much! You know that bus ad campaign our Intergroup couldn’t afford yet? I am going to pay for it myself. I want my before and after pictures plastered on buses all over OZ! Won’t that be great?!

Tradition: 9, 11, 7

11. **The scene** right after an Intergroup meeting:

Munchkin: “Oh that wicked witch burns me up she is such a ....”

Aunty Em: “Oh I know what you mean. Every time she comes to Intergroup, I just want to throw water all over her!”

Tradition: 12

12. **The scene:** Aunty Em and Glinda on the phone

Aunty Em: Hi Glinda I wanted to share some good news and to thank you.

Glinda: I bet I know the good news. Thank me for what?

Aunty Em: Well, as you know, I have been in OA for years. You were my long suffering sponsor for several of those years. I was as stubborn and resisting as Kansas corn is tall! Lately, I’ve been on a pink cloud of recovery. I have discovered the Big Book and the FlightPath4uU phone meetings and my recovery has finally taken off. I have put down the food, I am working the steps and getting close to a healthy body weight.

Glinda: Yes I have seen the miraculous change in you and I been so happy for you.

Aunty Em: As I reflected on my recovery journey to this point, I realized you have always

been there for me. I wanted to thank you for that. The one thing I did do right all these years is that I never quit OA.

Glinda: Well I must say I am happy you have found a way of working the steps that works for you.

Aunty Em: Yes and the old controlling me would have been telling you all about how right I am and how you need to follow FlightPath4U too.

Glinda: (laughing) Yes that's true.

Aunty Em: I am at a point in my recovery where I realize that HP is there for me and for everyone else. I am no longer in charge. I know your recovery path has been working for you these many years. I was always attracted to your serenity and sanity. I know that I needed to follow a different path but happy the 12 Steps work for both of us!

Glinda: You bet!

From the background we hear:

Dorothy: Aunty Em! Aunty Em! It's coming!

Aunty Em: Glinda I have to go now. Dorothy is positively thrilled every time a cyclone comes now!

Glinda: "Don't worry I'll be here to greet her in Munchkinland like I always am.

Aunty Em: Thanks so much Glinda. That means the world to me." They hang up.

**Tradition: Trick question! No tradition break!**

## Addendum C

### OCTOBER 2020 MOTION TO REGION ONE ASSEMBLY Motion BL-1

Move that Bylaws Article V, Section 1 be amended to strike and insert as follows:

CURRENT WORDING	PROPOSED WORDING
Article V REGION ONE BOARD Section 1	Article V REGION ONE BOARD Section 1
The Region One Board shall consist of the following:	The Region One Board shall consist of the following:
A. Members with voice and vote: Chair, Vice-Chair, Secretary, Treasurer, Technology Coordinator and Member at Large;	A. Members with voice and vote: Chair, Vice-Chair, <u>Second Vice-Chair</u> , Secretary, Treasurer, Technology Coordinator, <del>and First Member at Large;</del> and <u>Second Member at Large;</u>
B. The Region One Trustee, with voice but no vote.	B. <u>Members with voice, but no vote:</u> The Region One Trustee, <del>with voice but no vote.</del>

**SUBMITTED BY:** Nadine D. – Current Region One Member at Large, [mal@oaregion1.org](mailto:mal@oaregion1.org)  
Beverly M. - Current Region One Technology Coordinator, [webmaster@oaregion1.org](mailto:webmaster@oaregion1.org)

**INTENT:** Create two additional positions to the Region One Board.

**IMPLEMENTATION:** Update the Region One Bylaws for this motion. If passed, motions to update other areas of the Bylaws and Policies (such as job descriptions) will be presented at Assembly 2021. Existing job descriptions for Vice-Chair and Member at Large will be shared until then. After Assembly 2020, the Board will make temporary appointments for the new positions until Assembly 2021.

**COST:** Increase in Board Travel to Assembly and Convention. However, costs would be offset by new travel structure and the increasing use of virtual meeting tools by the Board.

**RATIONALE:** *We're committed, but we need more hands.* The Board is committed to being of service to our 25 Intergroups and all members in Region One. We really believe in reaching out, fostering connections, and providing recovery and service resources. We are an active Board and we feel good about what we bring to the Region. However, the current workload on existing board members makes it necessary to either share this service with more Board members, hire outside help, or consider which resources we can no longer provide.

**History:** Region One currently consists of 7 positions (including our Trustee). In the past, Region One had 15 members sharing the work of carrying the message. Positions were eliminated over the years largely to reduce travel costs. In 2014 (approximately) the current Member at Large position was added back to the Board.

**Costs and Travel:** The Board travels much less than in the past, when the entire Board met in-person at

least four times per year. The Board now holds most meetings virtually. We decided in 2016 that we would rather budget to send Board members to visit intergroups than attend in-person Board meetings, and that it was only necessary to send two members at a time. We held our strategic planning session virtually this year, which worked well and will likely be the format going forward. And, of course, this year we're holding our first virtual Assembly.

Although additional Board members will need to be reimbursed for travel to in-person Assembly and Convention, costs have already been significantly reduced, not only because of a reduced number of Board members, but also making use of virtual meeting tools.

What it would mean to have two additional Board positions:

- Project team and intergroup liaison roles could be divided among more people;
- If necessary, a Board member could be given fewer liaison assignments without as large an impact on other members of the Board;
- Assignments could be made more thoughtfully, matching interests and skill sets with tasks;
- Unexpected vacancies on the Board would not cause undue stress, as those responsibilities could be shared by several people;
- Service on the Board would be more do-able for members who are employed, and for those who are retired;
- Adding a Second Vice-Chair would bring our biggest endeavor of the year, Convention, “down to size” by allowing two people to work together on this project;
- Member at Large is an easier way to start on the Board than some other positions—this could open up Region service to members who don't feel they can take on some other roles;
- If the Board of Trustees restructuring motion passes at WSBC 2021, some BOT responsibilities will be shifted to Regions—our Board would be hard-pressed to take on additional responsibilities as things stand;
- And, finally, many hands make for light work and joy in service!

We bring this motion with our recovery, love for OA, commitment to service, and a desire for greater balance in mind. Thank you for considering this proposal.

# OCTOBER 2020 MOTION TO REGION ONE ASSEMBLY

## Motion BL-2

The maker of this motion moves to amend a Bylaw: Article V – Region One Board, Section 6 - Vacancies, subsection B. by striking and inserting as follows:

CURRENT WORDING	PROPOSED WORDING
<p>Article V – Region One Board Section 6 – Vacancies</p> <p>A. A vacancy on the Board may be filled by a majority vote of the Board until the next Assembly, at which time the Assembly will elect that position’s unexpired term.</p> <p>B. If the position of Chair is vacated, then the Vice-Chair will automatically fill the Chair’s unexpired term, and the position of Vice-Chair is declared vacant.</p> <p>C. No member may hold more than one Board position at the same time, and any present Board member elected to another Board position is assumed to have relinquished the former position. A vacancy is then declared for the relinquished position, to be filled in accordance with Article V, Section 6(a).</p>	<p>Article V – Region One Board Section 6 – Vacancies</p> <p>A. A vacancy on the Board may be filled by a majority vote of the Board until the next Assembly, at which time the Assembly will elect that position’s unexpired term.</p> <p>B. If the position of Chair is vacated, then the Vice-Chair will automatically fill the Chair’s unexpired term <del>and the position of Vice-Chair is declared vacant.</del> <u>If the Vice-Chair does not accept the vacant position of Chair, then the Vice-Chair retains the position of Vice-Chair and the Board will appoint a new Chair in accordance with Article V, Section 6(A).</u></p> <p>C. No member may hold more than one Board position at the same time, <del>and any</del> <u>Any</u> present Board member <u>who is either</u> elected to another Board position <u>or has automatically filled another Board position</u> is assumed to have relinquished the former position. A vacancy is then declared for the relinquished position, to be filled in accordance with Article V, Section 6(<del>a</del><u>A</u>).</p>

**SUBMITTED BY:** Paul M., Bylaws Committee Member

**INTENT:** To place in the Bylaws a method for electing a Chair by the Board a) when the current Chair resigns midterm or leaves office for any other reason midterm and b) when the person who is the current Vice-Chair declines to automatically become the Chair.

**IMPLEMENTATION:** Update the Bylaws according to the motion.

**COST:** No costs are anticipated.

**RATIONALE:** The proposed Bylaw adds clarity about what to do when the Chair resigns and the person in the role of Vice-Chair does not want to be the Chair. If this motion is approved, the Bylaws will make clear that the Vice-Chair automatically becomes the chair only if the Vice-Chair is willing to become the Chair.

This Bylaw puts into writing what has actually recently happened in Region One: Region One elected a

new Chair at the October 2019 Region One Assembly. In about February 2020, the Chair resigned for personal reasons. The Vice-Chair declined to accept the Chair position. The Region One Board, using Article 5, Section 6, subsection A, elected Cindy C. as our Region One Chair to hold that position until the October 2020 Region One Assembly. The Board then elected Alice as Region One Secretary to hold that position until the October 2020 Region One Assembly.



OCTOBER 2020 MOTION TO REGION ONE ASSEMBLY

**Motion P-1 (on Consent Agenda)**

Move that Policy 5.2.3 be amended by inserting and striking the following:

CURRENT WORDING	PROPOSED WORDING
<p>Policy 5.2.BUDGET</p> <p>5.2.1 Region One operates on a fiscal year running from January 1 through December 31.</p> <p>5.2.2 The Budget &amp; Finance Committee shall draft a budget for the upcoming fiscal year, based on the realistic expectations of revenue and fund balances above the level of prudent reserve, and the amount of funds required to operate the programs the Assembly has approved, to be submitted to the Assembly for approval. After review and amendment, the Assembly shall adopt the budget for the coming year.</p> <p>5.2.3 Region One funds shall be disbursed in accordance with the budget. Any expenditure exceeding 10% of a budgeted line item shall require approval by the Board. If the Board approves a budgeted override, such action shall be brought forward at the next Assembly for ratification.</p> <p>[5.2.4-5.2.7.4 not affected by this motion]</p>	<p>Policy 5.2.BUDGET</p> <p>5.2.1 Region One operates on a fiscal year running from January 1 through December 31.</p> <p>5.2.2 The Budget &amp; Finance Committee shall draft a budget for the upcoming fiscal year, based on the realistic expectations of revenue and fund balances above the level of prudent reserve, and the amount of funds required to operate the programs the Assembly has approved, to be submitted to the Assembly for approval. After review and amendment, the Assembly shall adopt the budget for the coming year.</p> <p>5.2.3 Region One funds shall be disbursed in accordance with the budget. Any expenditure <del>exceeding 10% of</del> <u>that would causeing a budgeted line item to be exceeded by 10%</u> shall require approval by the Board. If the Board approves a budgeted override, such action shall be brought forward at the next Assembly for ratification.</p> <p>[5.2.4-5.2.7.4 not affected by this motion]</p>

**SUBMITTED BY:** Marjorie T., BFDS Team, [bfds@oaregion1.org](mailto:bfds@oaregion1.org)

**INTENT:** To clarify the threshold for board approval of a budgeted item.

**IMPLEMENTATION:** To modify the policy

**COST:** None

**RATIONALE:** The BFDS team believes the current wording is confusing. If a budgeted line item budget is \$500, “10% of the budgeted line item” is \$50. Technically, this would result in the board having to approve any expenditure over \$50. We believe the intent is to require board approval if any expenditure would cause the total annual expenditure for this line item to exceed \$550. This could be due to a single occurrence, or an accumulation of smaller ones.

OCTOBER 2020 MOTION TO REGION ONE ASSEMBLY

**Motion P-2 (on Consent Agenda)**

Move that Policy 5.6.2 be amended by inserting and striking the following:

CURRENT WORDING	PROPOSED WORDING
5.6.2. Board nominees who are not current Region 1 representatives may request funding to attend Assembly as follows:	5.6.2. Board nominees who are not current Region 1 representatives may request funding to attend Assembly as follows:
5.6.2.1. Applicant is not presently funded by another service body	5.6.2.1. Applicant is not presently funded by another service body
5.6.2.2. Applicant does service at Assembly as assigned by the Region 1 Board and policy manual	5.6.2.2. Applicant does service at Assembly as assigned by the Region 1 Board and policy manual
5.6.2.3. Region 1 will pay for half the daily room rate based on double occupancy, and the cost of Assembly registration. Transportation and meals will be compensated on a receipted basis by the Treasurer	5.6.2.3. Region 1 will pay for <u>two nights' lodging at</u> half the daily room rate based on double occupancy, and the cost of Assembly registration. Transportation and meals will be compensated on a receipted basis by the Treasurer
5.6.2.4. Deadline for application for funding is sixty (60) days prior to Assembly.	5.6.2.4. Deadline for application for funding is sixty (60) days prior to Assembly.

**SUBMITTED BY:** Marjorie T., BFDS Team, [bfds@oaregion1.org](mailto:bfds@oaregion1.org)

**INTENT:** To clarify the lodging reimbursement for board nominees.

**IMPLEMENTATION:** To modify the policy

**COST:** None

**RATIONALE:** The BFDS team believes the current wording is unclear. Region One provides two nights' lodging (half of double-occupancy) as its Assembly Representative support, so it would be appropriate here as well.

## OCTOBER 2020 MOTION TO REGION ONE ASSEMBLY

The following motion is proposed to the Region One Assembly, but does not automatically change the Bylaws of Overeaters Anonymous. The Region One Assembly will debate and vote on whether or not to submit this motion (or an amended version of this motion) as a proposal to WSBC 2021.

### Motion WS-1 (on Consent Agenda)

**Move TO AMEND:** Article IX Board of Trustees, section 4 Qualifications, of the Overeaters Anonymous Bylaws by striking and inserting as follows:

<u>CURRENT WORDING</u>	<u>PROPOSED WORDING</u>
Article IX Board of Trustees Section 4 Qualifications  4d) In addition, regional trustees: 1) Are to physically reside in the region represented no less than the six months immediately prior to election. 2) Elected regional trustees will maintain physical residency in the regions represented for two-thirds of each year of their terms, excluding OA-related business travel.	Article IX Board of Trustees Section 4 Qualifications  4d) In addition, regional trustees: 1) Are to <del>physically reside in</del> <u>be a permanent resident of</u> the region represented <del>no less than the six months immediately prior to election.</del> 2) <del>Elected regional trustees will maintain physical residency in the regions represented for two thirds of each year of their terms, excluding OA-related business travel.</del>

**SUBMITTED BY:** Jan E., Delegate, Region 1. #09901

**INTENT:** This replaces a time-based requirement for residency with a simple requirement for residency for region trustees.

**IMPLEMENTATION:** Update the region trustee application and the bylaws.

**COST:** No cost.

**PRIMARY PURPOSE:** This allows “snow birds” and “rain birds,” who are otherwise qualified, to represent Regions where this is a common practice. This expands the pool of persons able to step up to this service.

**RATIONALE:** This simplifies the requirements for qualification of Regional Trustees by making residency requirements consistent and reasonable. More and more we are able to work as a group virtually – without actually being in the same room. Some Regions are allowing Representatives to attend Assemblies and vote virtually. Many Region Boards conduct their business and meetings virtually. Thus the physical presence of a Trustee within the Regional boundaries is less necessary. Therefore it makes sense to allow a Regional Trustee to be out of the Region and yet not be out of touch.

**This motion will not be needed if the Board of Trustees Restructuring Plan passes, and will be withdrawn in that case.**