

**ANOREXIC AND BULIMIC VOICES IN OA LITERATURE:** This list was created by a member starting an A&B special focus meeting, and was therefore searching for stories and other resources written by and for anorexic and bulimic members of OA. This list is by no means complete, but is offered as a resource for OA members.

**OVEREATERS ANONYMOUS, 3RD EDITION (“BROWN BOOK”)**

PG 45	WHO IS MY APPETITE?
PG 49	SEEKING AND FINDING A POWER TO LIVE BY
PG 53	SAME DISEASE
PG 57	HUMILITY, GRATITUDE, AND KINDNESS
PG 65	THE HIKING TRAIL MEETING
PG 73	HE SHARED HIS STRUGGLES WITH ANOTHER MAN
PG 81	THE TURNING POINT CAME
PG 135	CONQUERING THE ABC’S
PG 171	NO LONGER A LITTLE GIRL
PG 183	NO MORE STORE HOPPING

**OVEREATERS ANONYMOUS, 2ND EDITION (“BROWN BOOK”)**

PG 43	ABSTINENCE NOT PERFECTION
PG 220	COMPLUSIVE LIKE ME

**ABSTINENCE, 2ND EDITION**

PG 44	FINALLY, ABSTINENCE
PG 54	NO MORE TRAFFIC COP
PG 63	THE REPRIEVE
PG 174	YOUNG AND ABSTINENT

**TASTE OF LIFELINE**

PG 27	RECOVERY IN MY HEART
PG 70	POWER OF MEETINGS
PG 132	BRIGHT LIGHTS OF OA
PG 146	I CHOSE LIFE
PG 170	RECLAIMING MY LIFE

**SEEKING THE SPIRITUAL PATH**

PG 14	THE MIRACLE OF BELIEF
PG 84	TALKING TO HP

**PAMPHLETS**

**OA MEMBERS COME IN ALL SIZES**

**FOCUS ON ANOREXIA AND BULIMIA PACKET**